Country & High Heels

Ebene: Improver

Choreograf/in: Francien Sittrop (NL) - December 2015

Musik: Country Ain't Never Been Pretty - Cam : (Album: Untamed 2015)

Intro: Start after 16 counts from the beginning

Count: 32

- [1 8] Cross Rock, Recover, Side Shuffle, Cross, Side, Sailorstep 1/4 L
- 1 2Rock R across L, Recover on L
- 3&4 Step R to R side, Step L next to R, Step R to R side
- 5 6 Step L across R, Step R to R side
- 7 & 8 Sweep L behind R with ¹/₄ Turn L and step L back, Step R next to L, Step L fwd (09.00)

[9-16] Jump (travelling fwd) Out Out Clap x2 Hip bumps x2

- &1-2 Jump fwd with R out, L out, Clap
- &3-4 Jump fwd with R out, L out, Clap
- 5&6 Bump hips R,L,R
- Bump hips L,R,L **R** 7 & 8

[17-23] Rock fwd, Recover, Shuffle ½ R, Step fwd, ½ L step Back, Coaster step

- 1 2 Rock R fwd, Recover on L
- 3 & 4 Step R ¼ Turn R, Step L next to R, ¼ Turn Step R fwd (03.00)
- 5 6 Step L fwd, ¹/₂ Turn L step R back (09.00)
- 7 & 8 Step L back, Step R next to L, Step L fwd

[24-32] Rocking Chair, Vine L

- 1 2 Rock R fwd, Recover on L
- 3 4 Rock R back , Recover on L
- 5 6Step R across L, Step L to L side
- 7 8 Step R behind L, Step L to L side

Start again

Restarts : **R**

During wall 5, 8, 11 after count 16. Start again with count 1

Ending: Last wall ends on the 3 O'clock wall Dance until count 14 then make 1/4 Turn L to face the front wall again

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Wand: 4