Breaking the Law



Count: 32 Wand: 2 Ebene: Beginner

Choreograf/in: Pat Newell (USA) - January 2010

Musik: There Oughta Be a Law - Leroy Parnell



Senior Dancing Series

Learning: Traveling heel stands, grapevines, step kick, step together, traveling hips forward and back

#32 counts in to vocal

HEEL STANDS MOVING TO 6:00 WALL

1-4 R heel forward, step on R 12:00, L heel to 10:00 step down, 5-8 R heel to 4:00 step down , L heel to 6:00 step down- 6:00

RIGHT VINE WITH TOUCH, LEFT VINE WITH TOUCH

Step R, L behind R, R to side, touch L beside R
Step L, R behind L, L to side, touch R beside L

STEP KICK, STEP TOGETHER, STEP KICK, STEP TOGETHER

Step forward on R, kick L, step down on L, step tog RStep forward on L, kick R, step down on R, step tog L

TRAVELING HIPS FORWARD AND BACK *FULL WEIGHT EACH STEP SWINGING HIPS

1-4 Step diagonal forward on R, diagonal fwd L, diagonal fwd R, diagonal fwd L

5-8 Step diagonal back on R, diagonal back on L, diagonal back on R, diagonal back on L

Note: Move shoulders as well as hips in the last eight counts

DANCE FOR THE HEALTH OF IT