# **Tell Me Ma**

Ebene: Beginner

**Count: 32** Choreograf/in: Claire Denney (CAN) - January 2016 Musik: Tell Me Ma - Sham Rock

Choreographed for OK Falls teen night January 2016

## 32 count intro

#### Step, Kick, Step, Kick, Sit Down, Up, Down, Up

- 1-2 Step right, Left kick forward
- 3 4 Step left, Right kick forward
- 5 Touch right toe forward 1:00 and sit down (weight left)
- 6 8 Stand up, Sit down, Stand up (these are a small down/up)

### Right Side, Together, Side, Back Rock, Recover (this is called a Lindy)

#### Left Side, Together, Side, Back Rock, Recover (this is called a Lindy)

- 1&2 Step right, Step left beside right, Step right
- 3 4 Left rock behind right, Recover weight on to right
- 5&6 Step left, Step right beside left, Step left
- 7 8 Right rock behind left, Recover weight on to left

#### Shuffle Forward Four Times On The Diagonals

- 1&2 Step right forward 1:00, Step left beside right, Step right beside left
- 3&4 Step left forward 11:00, Step right beside left, Step left beside right
- 5&6 Step right forward 1:00, Step left beside right, Step right beside left
- 7 & 8 Step left forward, 11:00, Step right beside left, Step left beside right

#### Step Forward, 1/4 Turn Left, Step Forward, 1/4 Turn Left, Rocking Chair

- 1 2 Right toe step forward, Step 1/4 turn left (weight on left)
- 3 4 Right toe step forward, Step 1/4 turn left (weight on left)
- 5 6 Right rock forward, Recover on to left
- 7 8 Right rock back, Recover on to left

#### **Enjoy with Attitude**

Contact: claire.denney1@gmail.com





Wand: 2