Footloose (Simplified Version)

Wand: 1

Ebene: Phrased High Intermediate

Choreograf/in: KH Loh (MY) - February 2016

Count: 120

Musik: Footloose - Blake Shelton : (CD: Footloose - The Motion Picture - Deluxe Edition)

Sequence of Dance: A64, A32, A64, Tag1, A56, A32, A64, Tag2, B56, A64, A52, End36

Intro : 48c

PART A(64 counts) A 1□		
12	Cross Touch R over L, Recover	
3 4	Cross Touch L over R, Recover	
56	Cross Touch R over L, Recover	
78	Cross Touch L over R, Recover	
A 2□		
12	Kick R Fwd, Recover	
3 4	Kick L Fwd, Recover	
56	Kick R Fwd, Recover	
78	Kick L Fwd, Recover	
A 3□		
12	Twist Body L R	
34	as above	
12	as above	
3 4	as above –	
A 4□		
12	Bend both knee Inward, both knee Outward	
34	as above	
56	as above	
78	as above	
A 5		
12	Step L ¼ turn R, Hold L (weight on left)	
34	Recover on R, Hold (weight on right)	
56	Raise L hand straight up, put hand down & clap R hand with R knee slightly bend	
78	as above	
A 6□		
12	Raise L hand straight up, put hand down & clap R hand with R knee slightly bend	
3 4	as above	
56	as above	
78	as above –	
A 7 🗆		
A 7 □ 1 2	Stop P to P. Stop I. port to P.	
	Step R to R, Step L next to R	
34	Step R to R, Touch L next to R	
56	Step L ½ turn L, Step R next to L	
78	Step L to L, Touch R next to L	
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12 34	Step R to R, Step L next to R Step R to R, Touch L next to R
56	Step L ½ turn R, Step R next to L
78	Step L to L, Touch R next to L
PART B (56 B 1□	counts)
12	Step R Fwd, Step L next to R
34	Step R in place, Step L next to R
56	as above
78	as above
B 2□	
12	Step R to R, Step L to L
3 4	Step R in place, Step L next to R
56	as above
78	as above
В 3	
18	Mirror B1
B 4□	
18	Bounce both leg with moderate speed
B 5□	
18	Bounce both leg with faster speed
B 6□	
18	Bounce both leg with more faster speed
B 7□	
14	Bounce both leg with most fastest speed
5	Stomp both leg
68	Hold for 3 counts
Tag 1 – 12c (Sec t1⊡	(End of Wall 3)
12	Step L to L, Touch R foot in front of L with L hand
34	Touch R to R, Touch R foot behind L with L hand
56	Step R to R, Touch L foot in front of R with R hand
78	Touch L to L, Touch L foot behind R with R hand
Sec t2	
12	Step L to L, Bend both knee In
34	Bend both knee Out, Bend both knee In
Tag 2 – 28c (Sec T1⊡	(End of Wall 6)
12	Jump both leg to R, Jump both keg to L (slightly moving forward)
34	Jump both leg to R, Hold (slightly moving forward
56	Jump both leg to L, Hold (slightly moving forward)
78	Jump both leg to R, Hold (slightly moving forward)
Sec T2□	
12	Jump both leg to L, Jump both keg to R (slightly moving forward)
34	Jump both leg to L, Hold (slightly moving forward

56 78	Jump both leg to R, Hold (slightly moving backward) Jump both leg to L, Hold (slightly moving backward)	
Sec T3 1 2 3 4 5 6 7 8	Jump both leg to R, Jump both keg to L (slightly moving backward) Jump both leg to R, Hold (slightly moving backward Jump both leg to L, Hold (slightly moving backward) Jump both leg to R, Hold (slightly moving backward)	
Sec T4⊡ 1 2 3 4	Jump both leg to L, Jump both keg to Jump both leg to L, Hold	
Ending:- Sec E1□ 1 2 3 4 5 6 7 8	Side R, Touch L next to R Side L, Touch R next to L Side R, Touch L next to R Side L, Touch R next to L	
Sec E2 □ 1 8	Mirror Sec 1	
Sec E3⊡ 1 8	Mirror Sec 1	
Sec E4□ 1 2 3 4 5 6 7 8	Step R to R Step L Fwd, put L hand Fwd, Raise R hand moving in circular motion from back to front) continue R hand moving in circular motion from back to front continue R hand moving in circular motion from back to front	
Sec E5⊡ 1 2 3 4	Bend L knee Fwd, maintain putting L hand Fwd Bend R knee down, pull R hand backward	
Note: This is a very interesting dance. The description on this step sheet may not exactly express the actual steps on this video. It is merely for reference Only. The exact steps and motions on this video is the final.		

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