

# Holding Back

**Count:** 32

**Wand:** 4

**Ebene:** Beginner

**Choreograf/in:** Shirley Blankenship (USA) - March 2016

**Musik:** Holding Back the Ocean - Rockie Lynne



## **K-Step**

1-4 Step Forward on R, Touch L next to R, Step back on L, Touch R next to L  
5-8 Step Back on R, Touch L next to R, Back on L, Touch R next to L

## **Step Touches**

1-4 Step R to R, Touch L next to R, Step L to L, Touch R next to L  
5-8 Step R to R, Touch L next to R, Step L to L, Touch R next to L

## **Rocking Chair**

1-4 Rock Forward on R, Recover on L, Rock Back on R, Recover on L  
5-8 Rock Forward on R, Recover on L, Rock Back on R, Recover on L

## **Vine Right 1/4 R Hitch Left Vine Left**

1-4 Step R to R, L behind R, step R 1/4 R, Hitch L  
5-8 Step L to L, R behind L, step L, Touch R next to L

**All About Fun, Enjoy**

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