# No More Messing



Count: 32 Wand: 4 Ebene: Beginner / Improver

Choreograf/in: #madebymelissa (UK) - May 2016

Musik: I'm Your Man - Phillip Parsons : (EP - iTunes and amazon)



### (32 Counts start on vocals + 2 restarts)

1&2&	Kick Right foot forward twice, rock back onto right foot and recover onto left
3&4	Step Forward onto Right, Step left next to right, step forward onto right
5&6	Step left to side and rock on it then recover weight onto right foot

7&8 Step left behind right, step right to the side, step left over right, weight on left

## B: 2 x Left 1/4 turns, run right left right, Left scuff step hip bump left 2 right 2 left

9&10&	Step right foot slightly forward and turn ¼ turn to left, repeat
11&12	Run forward three short steps right left right
13&14	Scuff left heel against right and step left forward (weight remains on right foot) and hip bump to left (diagnonally)
15&16&	Bump Hips twice to the right and twice to the left (diagonally)

## C: Left Coaster ¼ turm. Right side together Right chassis shuffle with ¼ turn right Left step forward ½ turn left step onto left

17&18	Step left behind right make ¼ turn over left shoulder step onto right then left
19-20	Step right foot to side step left alongside right
21&22	Step right to side, step left foot alongside right and making $\frac{1}{4}$ turn right over right shoulder stp right foot forward
23&24	step left foot forward turn $\frac{1}{2}$ turn over right shoulder stepping onto right foot, step left next but slightly apart from right

### D: Stomp right, Scuff left, hitch Step left, Stomp right fan out and in, rock left recover scuff, left coaster step

b. Stornp right, South fort, filter Stop fort, Stornp right fair out and in, rook fort 1900 for South, fort South of Stop		
	25&26&	Stomp Right foot, scuff left next to right hitch left knee then stomp onto left
	27&28	Keeping weight on left Stomp right foot and fan toes to right and back and transfer weight to right foot
	29&30	Rock left to side recover onto right and scuff left heel
	31&32	Step back on left foot ,step right in place and step left in place

Restarts – Walls 1+2 complete in full, Wall 3 dance to beat 10 RESTART then walls 4&5 complete in full, wall 6 dance to beat 28 RESTART, then wall 7 continue to end

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