Work From Home

Count: 48

Ebene: Phrased Beginner / Improver

Choreograf/in: Judy Rodgers (USA) - May 2016

Musik: Work from Home (feat. Ty Dolla \$ign) - Fifth Harmony

Intro: 16 counts

This is a very easy dance that introduces a Part A and Part B to high beginners. It is a floor split to Work From Home by Guyton Mundy, Roy Hadisubroto & Fred Whitehouse.

Dance Part A 3 times...always at Walls 12:00, 3:00 and 6:00. Dance Part B 1 time...always at 9:00 . Sequence: AAAB AAAB AAAB A (The 4th time at 12:00, dance 20 counts ***see ending)

Part A (32 count)

- A1: Side, together, side, touch, rock fwd, recover, back, touch
- 1-4 Step R to right side, step L beside R, step R to right side, touch L beside R
- 5-8 Rock L fwd, recover R, walk L back, touch R beside L

A2: Dip, point, dip, point, jazz box turn ¼ R

- 1-2 Dip right (shift weight to R facing left diagonal), point L to left diagonal & snap fingers
- 3-4 Dip left (shift weight to L facing right diagonal), point R to right diagonal & snap fingers
- 5-6 Cross R over L, turn ¼ right step L back □□□3:00
- 7-8 Step R to right side, step L fwd

A3: Funky toe strut R & L, fwd, touch, back, touch

- 1-2 Touch R toe fwd as you push R hip up, step down on R
- 3-4 Touch L toe fwd as you push L hip up, step down on L
- 5-8 Step R fwd, touch L beside R, step L back, touch R beside L

A4: Back, touch, back, touch, sway, sway, sway, sway

- 1-4 Step R back, touch L beside R, step L back, touch R beside L
- 5-8 Step R to right and sway R L R L (weight to L)
- **option 1-4 turn ½ right step R fwd, touch L, turn ½ right step L back, touch R

Part B (16 count) always facing 9:00

- B1: Side R, touch, side L, touch, vine R
- 1-4 Step R to right side, touch L beside R, step L to left side, touch R beside L
- 5-8 Step R to right side, step L behind R, step R to right side, touch L beside R (snap fingers)
- **option 5-8 Rolling vine to the right
- B2: Side, behind, turn 1⁄4 L, scuff, step, pivot 1⁄2 L, together, jump
- 1-4 Step L to left side, step R behind L, turn ¼ left step L fwd, scuff/step R fwd □6:00
- 5-8 Step R fwd, pivot ½ left step L fwd, step R beside L, small jump fwd both feet 12:00

Ending: 4th time starting 12:00, dance thru cnt 20 (funky toe struts), add a step pivot 1/4 L to end front

Thanks Mitzi Day for the music suggestion!!



Wand: 4