

# The Pressure

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wand: 4

Ebene: Improver / Intermediate

Choreograf/in: Allan Bungeneers (BEL) & Raymond Sarlemijn (NL) - June 2016

Musik: What's the Pressure - Laura Tesoro



## S1: Step forward, dorethy step, ¼ turn left, kick ball change, lock behind, ½ turn right

- 1 LF step forward
- 2 RF behind LF.
- & Lf step forward
- 3 RF step forward
- 4 ¼ turn left
- 5 RF kick forward
- & RF close LF.
- 6 LF step left.
- 7 RF lock behind LF
- 8 ½ turn right, weight split weighted

## S2: Right Heel, left heel, 2x right heel, ball change, ¼ turn left, sweep, sweep, sweep

- 1 Lift right heel up, but leave toes on floor
- 2 Lift left heel up, but leave toes on floor
- 3 lift right heel up, but leave toes on floor
- & Recover heel back on floor
- 4 Lift right heel up, but leave toes on floor
- & RF close LF
- 5 LF cross over RF
- 6 1/4 turn left, RF step back, while doing this sweep LF.
- 7 LF step back, while doing this sweep RF.
- 8 RF step back while doing this sweep LF

## S3: Coaster step, 2x camel walks, mambo forward, coaster step

- 1 LF step back. forward.
- & RF Close LF
- 2 LF step forward.
- 3 RF step forward, while doing this lock Left knee into right knee
- 4 LF step forward, while doing this lock Right knee into left knee.
- 5 RF step forward.
- & Recover weight LF.
- 6 Rf step back
- 7 LF step back.
- & RF close LF
- 8 LF step forward.

## S4: Knee twist, ½ turn right kick ball change, step forward, ½ turn right step back, ¼ turn right sweep, coatserstep.

- 1 Twist both knees right.
- 2 Twist both knees left.
- 3 ½ turn right, RF kick forward.
- & RF close LF.
- 4 LF step forward.
- 5 RF step forward.
- 6 ½ turn right, LF step back

&                    ¼ turn right, while doing this sweep RF.

7                    RF step back.

&                    LF close RF.

8                    RF step forward.

**TAG: before wall 4, 4 step forward ½ turn around over left, start walking with left.**

**START AGAIN, HAVE FUN !!!**

---