Count: 259
Wand: 1
Ebene: Beginner
Choreograf/in: Sunny Jeong (KOR) \& Ha-Young Choi (KOR) - July 2016
Musik: Swallow (제비) - Kim Gun Mo (김건모)


Intro: 48 (16+32)
[INTRO]: After 16 counts, for 32 counts
SECTION R1: STEP SIDE, HIP BUMP
1-2 Step right side and bump right hip side, bump left hip side.
3\&4 Bump right hip side, bump left hip side, bump right hip side.
5-6 Bump left hip side, bump right hip side.
7\&8 Bump left hip side, bump right hip side, bump left hip side.

## SECTION R2: HIP BUMP

1-2 Bump right hip side, bump left hip side.
3\&4 Bump right hip side, bump left hip side, bump right hip side.
5-6 Bump left hip side, bump right hip side.
7\&8 Bump left hip side, bump right hip side, bump left hip side.

## SECTION R3: REPEAT SECTION R2

SECTION R4: HIP BUMP, TOUCH TOE TOGETHER
1-2 Bump hip right, bump hip left.
3\&4 Bump hip right, bump hip left, bump hip right.
5-6 Bump hip left, bump hip right.
7\&8 Bump hip left, bump hip right, touch right toe together.
[WORK]: Start on Vocal at 30 seconds
SECTION 1: STEP SIDE, STEP TOGETHER, TOUCH TOE TOGETHER (CLAP)
1-2 Step right side, step left together.
3-4 Step right side, touch left toe together (Clap).
5-6 Step left side, step right together.
7-8 Step left side, touch right toe together (Clap).
SECTION 2: REPEAT SECTION 1
SECTION 3: STEP DIAGONAL FORWARD, TOUCH TOE TOGETHER (CLAP)
1-2 Step right diagonally forward, touch left toe together (Clap).
3-4 Step left diagonally forward, touch right toe together (Clap).
5-6 Step right diagonally forward, touch left toe together (Clap).
7-8 Step left diagonally forward, touch right toe together (Clap).
SECTION 4: STEP DIAGONAL BACK, TOUCH TOE TOGETHER (CLAP)
1-2 Step right diagonally back, touch left toe together (Clap).
3-4 Step left diagonally back, touch right toe together (Clap).
5-6 Step right diagonally back, touch left toe together (Clap).
7-8 Step left diagonally back, touch right toe together (Clap).
SECTION 5: VINE, TOUCH TOE TOGETHER (CLAP)
1-4 Vine right, touch left toe together (Clap).
5-8 Vine left, touch right toe together (Clap).

## SECTION 6: REPEAT SECTION 5

SECTION 7: SWIVEL HEELS, VINE, TOUCH TOE TOGETHER (CLAP)
1-2 Swivel heels to right, swivel heels to left.
3-4 Swivel heels to right, swivel heels to left.
5-8 Vine right, touch left toe together (Clap).
SECTION 8: VINE, TOUCH TOE TOGETHER (CLAP), SWIVEL HEELS
1-4 Vine left, touch right toe together (Clap).
5-6 Swivel heels to right, swivel heels to left.
7-8 Swivel heels to right, swivel heels to left.

SECTION 9: STEP DIAGONAL, STEP TOGETHER (CLAP), STEP DIAGONAL, BRUSH
1-2 Step right diagonally forward, step left together.
3-4 Step right diagonally forward, brush left forward.
5-6 Step left diagonally forward, step right together.
7-8 Step left diagonally forward, brush right forward.
SECTION 10: STEP DIAGONAL, TOUCH TOE TOGETHER (CLAP)
1-2 Step right diagonally back, step left together.
3-4 Step left diagonally back, touch right toe together (Clap).
5-6 Step right diagonally back, step left together.
7-8 Step left diagonally back, touch right toe together (Clap).
SECTION 11: STEP DIAGONAL, STEP TOGETHER, STEP DIAGONAL, SCUFF
1-2 Step right diagonally forward, step left together.
3-4 Step right diagonally forward, scuff left forward.
5-6 Step left diagonally forward, step right together.
7-8 Step left diagonally forward, scuff right forward.
SECTION 12: REPEAT SECTION 10
SECTION 13: SHUFFLE, ROCK BACK, RECOVER
1\&2 Step right side, step left together, step right side.
3-4 Rock left back, recover to right.
5\&6 Step left side, step right together, step left side.
7-8 Rock right back, recover to left.
SECTION 14: REPEAT SECTION 13
SECTION 15: STEP $1 / 4$ TURN, SIDE SHUFFLE
1\&2 Turn 1/4 right to left, step left together, step right side.
$3 \& 4 \quad$ Turn 1/4 left to left, step right together, step left side.
5\&6 Turn 1/4 right to left, step left together, step right side.
$7 \& 8 \quad$ Turn $1 / 4$ left to left, step right together, step left side.
SECTION 16: STEP PIVOT 1/4 TURN
1-2 Rock right forward, turn $1 / 4$ left and shift weight to left.
3-4 Rock right forward, turn 1/4 left and shift weight to left.
5-6 Rock right forward, turn $1 / 4$ left and shift weight to left.
7-8 Rock right forward, turn $1 / 4$ left and shift weight to left.
[BRIDGE] 32 counts
SECTION B1: STEP TOGETHER, HIP BUMP
1-2 Step right together with bumping right hip back, bump left hip back.
3\&4
Bump right hip back, bum left hip back, bump right hip back.

## SECTION B2: HIP BUMP

1-2 Bump right hip back, bum left hip back.
3\&4 Bump right hip back, bum left hip back, bump right hip back.
5-6 Bump left hip back, bump right hip back.
7\&8
Bump left hip back, bump right hip back, bump left hip back.

## SECTION B3: SWIVEL HEEL AND TOE TO RIGHT

1-2 Swivel heels to right, swivel toes to right.
3\&4 Swivel heels to right, swivel toes to right, swivel heels to right.
5-6 Swivel heels to left, swivel toes to left.
$7 \& 8 \quad$ Swivel heels to left, swivel toes to left, swivel heels to left.
SECTION B4: SWIVEL HEEL AND TOE TO LEFT, STAND
1-2 Swivel heels to right, swivel toes to right.
3\&4 Swivel heels to right, swivel toes to right, swivel heels to right.
5-6 Swivel heels to left, swivel toes to left.
$7 \& 8 \quad$ Swivel heels to left, swivel toes to left, stand with weight on left.
[BACK TO WORK] Starts on Vocal again at 2:10
SECTION 17: OPEN JAZZ BOX
1-2-3-4 $\quad$ Cross right over left, step left side, step right back, step left forward.
5-6-7-8 Cross right over left, step left side, step right back, step left forward.

## SECTION 18: REPEAT SECTION 19

## SECTION 19: OPEN JAZZ BOX, STEP 1/4 TURN

1-2-3-4 $\quad$ Cross right over left, step left side, turn 1/4 right to right, step left forward.
5-6-7-8 Cross right over left, step left side, turn 1/4 right to right, step left forward.

## SECTION 20: REPEAT SECTION 19

SECTION 21: MAMBO STEP

1\&2
3\&4
5\&6
7\&8

Rock right forward, recover to left, step right together.
Rock left back, recover to right, step left together.
Rock right side, recover to left, step right together.
Rock left side, recover to right, step left together.

## SECTION 22\&23: REPEAT SECTION 21 TWICE

## SECTION 24: TOUCH HEELTOE, HOLD

1-2 Touch right heel forward twice.
3-4 Touch right toe back twice.
5-6 Touch right heel forward, hold.
7-8 Touch right toe back, hold.

## SECTION 25: STEP DIAGONAL FORWARD \& SIDE, STEP BACK \& TOGETHER

1

Step right diagonally forward (with turning hip and upper body right).
step left diagonally side (with turning hip and upper body left).
Rock right back, step left together.
Step right diagonally forward (with turning hip and upper body right). step left diagonally side (with turning hip and upper body left). Rock right back, step left together.

## SECTION 26: REPEAT SECTION 25

## SECTION 27: TOE STRUT

1-2 Touch right toe forward, drop right heel.
3-4 Touch left toe forward, drop left heel.
5-6 Touch right toe forward, drop right heel.
7-8 Touch left toe forward, drop left heel.
SECTION 28: SHUFFLE BACK, STEP TOGETHER
$1 \& 2 \quad$ Step right back, lock left in front of right, step right slightly back.
3\&4 Step left back, lock right in front of left, step left slightly back.
$5 \& 6$ Step right back, lock left in front of right, step right slightly back.
7\&8
Step left back, lock right in front of left, step left together.

## SECTION 29, 30: REPEAT SECTION 25 TWICE

## SECTION 31, 32: REPEAT SECTION 27, 28

SECTION 33: SWIVEL HEELS, HOLD
1-2-3 Swivel heels out, to center, hold.

* "Step Diagonal, Step Together" = "K-STEP"
* Bridge: After section 16 of pivot $1 / 4$ turn.

