Mayday Mixer

Count: 32

Ebene: Improver Contra Circle Mixer

Choreograf/in: David Ackerman (USA) - July 2016



Set Up: Should be in a circle facing partner, One facing into circle and partner facing out. Intro: 8 counts from beginning. Start dance on first strong guitar strum.

[1-8]: Rumba Box, Step, Cross Rock, Side, Cross Rock

- 1,2& Step L forward, Step R to right side, Step L next to R
- 3,4& Step R back, Step L to left side, Step R next to L
- 5,6& Step L toward Partner, Cross R over L while patting R hand with partner, Recover L
- Step R Side, Cross L over R while patting L hand with partner, Recover R 7,8&

[9-16]: Side, Behind-Side, Forward, ¼ Turn, Behind, Side, Tap, Side, Tap, Run LRL, Hitch

- 1,2& Step L to left side, Step R behind L, Step L to left side
- 3,4& Step R forward, Make a ¼ turn right stepping L to left side, Step R behind L
- 5&6& Step L to left side, Tap R next to L, Step R to right side, Tap L next to R
- 7&8& Run L forward, Run R forward, Run L forward, Hitch R

[17-24]: Forward, Step ¼ Pivot, Forward, Run RLR, Side, Sway x2, Behind-Side

- Step R forward, Step L forward, Pivot 1/4 right bringing weight to R 1.2&
- 3,4& Step L forward, Run R forward, Run L forward
- 5,6& Run R forward, Step L to left side, Rock weight R,
- 7.8& Rock weight L. Step R behind L. L to left side

[25-32]: Cross, Side, Sway x2, Cross Rock, Side, Step 1/2 Pivot, Step, Step

- 1,2& Cross R over L, Step L to left side, Rock weight R
- 3,4& Rock weight L, Cross R over L, Recover weight L
- 5.6& Step R to right side, Step L forward, Pivot ¹/₂ turn right
- Step L forward, Step R (The last two steps should be used to adjust to new partner) 7,8

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