War



Count: 80 Wand: 4 Ebene: Advanced

Choreograf/in: Jessica Wegmann (CH) - July 2016

Musik: War - Edwin Starr : (iTunes)



Intro: 8 counts of drums, dance begins on vocal « War ».

1-2& Step R side, Step L in place, R in place

3-4& Step L behind sweeping R from front to back turning 1/8 R, Step R behind, L side (1:30)

5-6 Step R forward, L lock behind7-8 Step R forward, L forward

[09-16] Lock-step-forward, Lock-step-forward, ½ turn Touch & touch & touch & touch

&1&2 Step R forward, Lock L behind, R forward, L forward &3&4 Step R forward, Lock L behind, R forward, L forward

5&6 Sharp ½ turn R (weight stays on L) touching R forward, switch touching L forward (7:30)

&7&8 Switch, Touch R forward, Switch, Touch L forward

[17-24] ☐ Hips forward & back, press, flick ½ turn, Step ½ pivot, ½ turn ½ turn forward (or 2 turns)

1-2 Roll hips forward onto L, Roll hips back onto R (figure 8)
 3-4 Press into L forward, Pivot ½ turn R onto R flicking L behind

5-6 Step L forward, pivot ½ turn R (7:30)

7&8 ½ turn R stepping L back, ½ turn R stepping R forward, Step L forward (or 2 small turns

moving to 7:30)

[25-32]□Basic cha R & L, Paddle turn R 5/8 turn

1-2& Step R side, Step L in place, R in place3-4& Step L side, Step R in place, L in place

5&6&7&8 1/4 turn R stepping R paddle L R L R L R 3/8 turn R

[33-40]□Syncopated cross rocks L & R, Monterey L ½ turn x2

1-2& Cross rock L over, Recover onto R, Step L to side3-4& Cross rock R over, Recover onto L, Step R to side (9:00)

5&6& Point L to side, Close L to R turning ½ turn L, Point R to side, Close R to L (9:00)

7&8 Point L to side, Close L to R turning ½ turn L, Point R to side (3:00)

[41-48] Hitch point, Hitch point, Sailor R, Skate, Skate

1-2 Hitch R, Point R to side3-4 Hitch R, Point R to side

5&6 R behind, L rock to side, R slightly forward

7-8 Skate L, Skate R

[49-56]□Cha cha diamond full circle counter-clockwise

Step L & R forward on diagonal (4:30), L to side squaring up (6:00)
1/8 turn R stepping back R & L (7:30), R to side squaring up (9:00)
1/8 turn R stepping forward L & R (10:30), L to side squaring up to (12:00)

7-8& 1/8 turn R stepping back R & L (1:30), Touch R to L squaring up (3:00)

[57-64] Basic cha R & L, Behind sweep, Anchor step, ¼ turn, point prepare

1-2& Step R side, Step L in place, R in place3-4& Step L side, Step R in place, L in place

5-6& Step R behind sweeping L from front to back, Step L & R in place

[65-72] Step ¼, full turn & ¼ (over 2 counts), Side, Full turn & ½ (over 3 counts), Side

Step ¼ L stepping L forward, 1 & ¼ turn L over 2 counts (12:00) 1-2-3

4 Step down on R to side

5-6-7 1 & 1/2 turn R over 3 counts (6:00)

Step down on L to side 8

Option: instead of doing two full turns, you can lift heels in place:

1-2-3-4 ½ turn to the L bouncing heels up and down 4x finishing with your weight on your R leg

dragging the R around to face 12 o'clock

½ turn to the R bouncing heels up and down 4x finishing with your weight on your L leg 5-6-7-8

dragging the L around to face 6 o'clock

[73-80]□Sailor R & L, Paddle full turn

1&2 R behind, L rock to side, R slightly forward 3&4 L behind, R rock to side, L slightly forward &5&6&7&8 Full paddle turning L pushing off R and onto L

Enjoy!

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