Ain't Your Mama

Count: 32

Ebene: Novice

Choreograf/in: Rémi Lemaire (FR) - September 2016

Musik: Ain't Your Mama - Jennifer Lopez

Note : Restart after the 16th count on 2nd and 6th wall

STEP R SIDE - CROSS BEHIND - STEP R SIDE - CROSS OVER - SCUFF ¼ TURN - STEP FWD TWICE - SWIVEL - STEP BACK

- 1-2 Step R to R side, Cross L behind R
- &3-4 Step R to R side (&), Cross L over R (3), Scuff R in 1/4 turn to R (4)
- 5-6 Step forward on R and L
- &7-8 Revolve heels towards the outside (&), Revolve heels towards the inside (7), Step back on L

TOGETHER – STEP FWD – LOCK STEP – STEP FWD – CROSS TRIPLE STEP IN ¼ SPIRAL – STEP TO L - CROSS BEHIND - ¼ TURN - STEP PIVOT ½ TURN

- &1-2 Step R next to L (&), Step forward on L (1), Cross R behind L (2)
- &3&4 Step forward on L (&), Cross Triple step R in 1/4 turn to R by making a spiral (3&4)
- &5-6 Step L to L side (&), Cross R behind L (5), Step L on L side in 1/4 turn to L
- 7-8 Step forward on R, Pivot 1/2 turn to L

ROCK FWD – TRIPLE ON PLACE & FLICK – STEP PIVOT ½ TURN – STEP PIVOT ¼ TURN

- 1-2 Rock Step R forward, Recover
- 3&4 Triple step D on place with a L flick
- 5-6 Step forward on L, Pivot 1/2 turn
- 7&8 Step forward on L (7), Pivot ¼ turn to R (&), Step L next to R (8)

TOUCH AND TOUCH - HEEL AND HEEL - PIVOT ½ TURN - TOGETHER - BODY BUMP

- Touch R to R side (1), Step R next to L (&), Touch L to L side (2) 1&2
- &3&4 Step L next to R (&), Heel R forward (3), Step R next to L (&), Heel L forward (4)
- &5-6 Step L next to R (&), Step forward on R , Pivot 1/2 turn to L
- 7-8 Step R next to L, Rolled the body of bottom upward to end it with a blow of breast forwards

Have fun

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Wand: 4