

Rhythm

Count: 84

Wand: 4

Ebene: Phrased Advanced

Choreograf/in: Alan Birchall (UK) & Jacqui Jax (UK) - September 2016

Musik: Rhythm - CC Smugglers : (CD Single)



Sequence: ABB ABB TAG AB BB

Start: On Main Vocals After Intro Seconds: 15 Counts: 32 BPM: 135

PART A – VERSE – 48 COUNTS

A1: JAZZ JUMP FORWARD, HEEL TAPS, JAZZ JUMP BACK, HEEL TAPS

- &1 Jump Forward Landing Right Left
- 2-3-4 Keeping Weight On Left Foot Tap Right Heel For Three Counts
- &5 Jump Back Landing Right Left
- 6-7-8 Keeping Weight On Left Foot Tap Right Heel Forward For Three Counts – OPTION: LEFT HEEL TAPS

A2: TOUCH, KICK, BEHIND, SIDE, CROSS, TOUCH, KICK, BEHIND, ¼ TURN, STEP

- 9-10 Touch Right Toe Beside Left, Kick Right Foot To Right Diagonal
- 11&12 Cross Right Behind Left, Step Right To Right, Cross Right Over Left
- 13-14 Touch Left Toe Beside Right, Kick Left Foot To Left Diagonal
- 15&16 Cross Left Behind Right, Making ¼ Turn Right Step Forward On Right, Step Forward On Left 3:00

A3: CHARLESTON STEPS X 3, COASTER STEP

- 17-18 Touch Right Toe Forward, Sweep Right Foot Around Left Step Back On Right
- 19-20 Sweep Left Foot Around Right Touch Left Toe Back, Sweep Left Foot Around Right Step Forward On Left
- 21-22 Sweep Right Around Left Touch Right Toe Forward, Sweep Right Foot Around Left Step Back On Right
- 23&24 Step Back On Left, Step Right By Left, Step Forward On Left

A4: WALK FORWARD, BOOGIE WALK, CROSS, BIG COASTER STEP

- 25-26 Walk Forward, Right, Left
- 27& Step Forward On Ball Of Right Foot Push Right Knee Out, Step Forward On Ball Of Left Foot Pushing Left Knee Out
- 28 Step Forward On Ball Of Right Foot Push Right Knee Out
- 29-30 Cross Left Over Right, Take A BIG Step Back On Right
- 31-32 Step Left By Right, Step Forward On Right

A5: ROCK, RECOVER, ½ SHUFFLE TURN, STEP, ¼ PIVOT, CROSS, POINT

- 33-34 Rock Forward On Left, Recover On Right
- 35&36 Making ½ Turn Left Stepping Left, Right, Left 9:00
- 37-38 Step Forward On Right, ¼ Pivot Left 6:00
- 39-40 Cross Right Over Left, Point Left To Left

A6: SYNCOPATED WEAVE, ¾ MONTEREY TURN

- 41&42 Cross Left Behind Right, Step Right To Right, Cross Left Over Right
- &43&44 Step Right To Right, Cross Left Behind Right, Step Right To Right, Cross Left Over Right
- 45-46 Point Right To Right, Make ¾ Turn Right Stepping Right By Left 3:00
- 47-48 Point Left To Left, Step Left By Right

RHYTHM (Part B - Chorus... "We Got Legs")

PART B – CHORUS – 36 COUNTS

B1: STEP FORWARD OUT, OUT, STEP BACK IN, IN, SHUFFLE FORWARD X 2

- 1-2 Step Right Diagonally Forward To Right Pushing Right Hip Out , Step Left To Left Pushing Left Hip Out
3-4 Step Back On Right, Step Left By Right
5&6 Step Forward On Right, Step Left By Right, Step Forward On Right
- OPTION: BARREL ROLL HANDS ON SHUFFLES
7&8 Step Forward On Left, Step Right By Left, Step Forward On Left

B2: STEP, ½ PIVOT, ¾ TURN, JAZZ BOX

- 9-10 Step Forward On Right, ½ Pivot Left 09:00
11-12 Making ½ Turn Left Step Back On Right, Making ¾ Turn Left Step Left To Left 12:00
13-14 Cross Right Over Left, Step Back On Left
15-16 Step Right To Right, Step Left By Right

B3: SYNCOPATED CROSSING TOE SWITCHES X 3, CROSS, BACK, SIDE, CROSS SHUFFLE

- 17&18& Touch Right Toe Over Left Foot, Step Right By Left, Touch Left Toe Over Right Foot, Step Left By Right
19&20 Touch Right Toe Over Left Foot, Step Right By Left, Cross Left Over Right
21-22 Step Back On Right, Step Left To Left
23&24 Cross Right Over Left, Step Left To Left, Cross Right Over Left

B4: HIP BUMPS, ELVIS KNEES, HINGE TURN, POINT, HOLD

- 25-26 Stepping Left To Left Bumping Hips Twice To Left,
27-28 Transfer Weight To Right Bumping Hips Twice To Right,
29-30 Transfer Weight To Left Turning Right Knee To Left Leg, Transfer Weight To Right Turning Left Knee To Right Leg
31-32 Transfer Weight To Left Turning Right Knee To Left Leg, Transfer Weight To Right Turning Left Knee To Right Leg
33 On Ball Of Left Foot Make ½ Turn Left Pointing Right Toe To Right 06:00
34-35-36 Hold For Three Counts - Dance Ends Here Facing Front Wall

REPEAT Counts 1-32 Of Part B**TAG: AFTER PART B AT END OF 2 ND FULL SEQUENCE - FACING 6:00****ROCK, RECOVER, ½ TRIPLE TURN X2**

- 49-50 Rock Forward On Right, Recover On Left
51&52 ½ Triple Turn Right Stepping Right, Left, Right 12:00
53-54 Rock Forward On Left, Recover On Right
55&56 ½ Triple Turn Left Stepping Left, Right, Left 6:00

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