## Breakfast In Bed

Count： 64
Wand： 2
Ebene：Intermediate
Choreograf／in：Jessica Boström（SWE）－October 2016
Musik：Say You Won＇t Let Go－James Arthur ：（Album：Back From The Edge－iTunes）

Intro： 16 counts，approx 10 secs．
S1：Rock．Recover．Behind Turn Step．Hold．Ballstep．Rock．Recover．

| 1－2 | Press R forward on Right diagonal．Recover on to L．（1．30） |
| :--- | :--- |
| $3 \& 4$ | Step R back slightly behind L，Make 1／2 turn Left stepping forward on L，step forward on R． <br> （7．30） |
| $5 \& 6$ | Hold．Step L next to R，step forward on R． <br> $7-8$ |
| Rock forward on L．Recover on to R．（7．30） |  |

S2：Shuffle turn．Forward Shuffle．Sweep．Sweep．Coaster Cross．

| 1 \＆ 2 | Make $1 / 4$ turn Left stepping $L$ to Left side，step $R$ next to $L$ ，make $1 / 4$ Left stepping forward on L．（1．30） |
| :---: | :---: |
| 3 \＆ 4 | Step R Forward，step L next to R，step R Forward． |
| 5－6 | Make $1 / 2$ turn Right stepping back on $L$ as you sweep $R$ from front to back．Step back on $R$ as you sweep $L$ from front to back．（7．30） |
| 7 \＆ 8 | Step Back on L，step R next to L，cross L over R．（Squaring up to 6．00） |

S3：1／4．1／4．Chassé turn．Hold．Ball Side．Rock．Sweep．
1－2 Make $1 / 4$ turn Right crossing R over L．（9．00）Make 1／4 Right stepping back on L．（12．00）
3 \＆ $4 \quad$ Make $1 / 4$ turn Right stepping $R$ to Right side，step $L$ next to $R$ ，Step $R$ to Right side．（3．00）
5 \＆6 Hold．Step L next R，step R to Right side．
7－8 Cross rock $L$ over R．Recover on to $R$ as you sweep $L$ from front to back．（3．00）
S4：Coaster Step．Kick Ball Step．Step Pivot．Turning Back Lock Sweep．
1 \＆ 2 Step back on $L$ ，step $R$ next to $L$ ，step forward on $R$ ．
3 \＆ $4 \quad$ Kick $R$ forward，step $R$ next to $L$ ，step forward on $L$ ．
5－6 Step forward on R．Pivot $1 / 2$ turn left．（9．00）
7 \＆ $8 \quad$ Make $1 / 4$ turn Left stepping $R$ to Right side，make $1 / 4$ Left crossing $L$ over $R$ ，step back on $R$ as you sweep $L$ from front to back．（3．00）

S5：Behind．1／4．1／4．Point．1／4．Side Rock Cross Shuffle．

| 1－2 | Step L behind R．Make 1／4 Right stepping forward on R．（6．00） |
| :---: | :---: |
| 3－4 | Make $1 / 4$ turn Right stepping $L$ to Left side．Point $R$ to Right side as you look Left over your $L$ shoulder．（9．00） |
| 5 | Make 1／4 turn Right stepping forward on R．（12．00） |
| 6 \＆ 7 | Make 1／4 turn Right as you siderock L to Left side，recover on to R，cross L over R．（3．00） |
| \＆ 8 | Step R slightly to Right side，cross L over R．（3．00） |
| S6：Side．Rock．Sailor Step．Rock．Recover．Side．Point． |  |
| 1－2 | Rock R to Right side，recover on to L． |
| 3 \＆ 4 | Cross step $R$ behind $L$ ，step $L$ to Left side，make 1／8 turn Left stepping forward on R．（1．30） |
| 5－6 | Rock forward on L．recover on to R． |
| 7－8 | Make 1／4 Left stepping $L$ to Left side．Point $R$ to Right Side．（10：30）＊＊Restart here on Wall 2 \＆ 4 ＊＊ |

（ Arm movements for 5，6，7，8：On Count 5 as you rock forward bring both arms out and forward and towards each other，you now have a circle shape as if you are starting to hug someone．On Count 6 as you recover bring both arms in close to your chest，now crossing one over the other．Like you have just hugged someone and pulled her／him closer to your chest．Over counts 7， 8 you extend both arms out to the side．Angling body

S7: Step, $1 / 2$, Shuffle Turn, Cross Samba, Cross Samba.
1-2 Make 1/4 turn Right stepping forward on R. (1.30) Make 1/2 turn Right stepping back on L. (7.30)

3 \& 4 Make $1 / 4$ turn Right stepping $R$ to Right side, step $L$ next to $R$, make 1/4 turn Right stepping forward on R. (1.30)
5 \& $6 \quad$ Cross left over right, step right slightly to right side, recover weight onto left. (1.30)
7 \& $8 \quad$ Cross right over left, step left slightly to left side, recover weight onto right squaring up to 3.00 .

S8: Cross Rock, Triple Turn, Jazz box.
1-2 Cross rock L over R, recover on to R. (3.00)
3 \& $4 \quad$ Make $3 / 4$ triple turn Left in a circle shape stepping $L, R, L$. (6.00)
5-8 Cross R over L, step back on L, step R to Right side, cross L over R. (6.00)
** 2 Restarts after 48 Counts. On Wall 2 facing 6.00. On Wall 4 facing 12.00. **
Contact: jessica.bostrom@hotmail.com

