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**Count:** 64

Wand: 2 Ebene: Intermediate

Choreograf/in: Rob Fowler (ES) & Tina Argyle (UK) - October 2016

Musik: Meteorite - Years & Years : (from Bridget Jones Movie - Single - iTunes etc)

Alternative country track :- People Know You By Your First Name by Dean Brody (No Restart required)

Count In : 32 counts from start of track approx 16 secs - start with main beat just before lyrics Starting Position - Start with weight forward on the right to touch the left behind - from wall 2 onwards, the & step and the end of the dance will put you back in the starting position every time.

### S1: Touch & Kick, Coaster Step. Forward Rock, Triple 3/4 Turn

- 1&2 Touch left toe behind right, step down on left, kick right forward
- 3&4 Step back right, step back left, step fwd right
- 5 6 Rock fwd onto left, recover weight back onto right
- 7&8 Make triple <sup>3</sup>/<sub>4</sub> turn left stepping left, right, left (3 o'clock)

# S2: Cross Side Behind & Heel. & Touch & Heel, HOLD & Cross

- 1 2 Cross right over left, step left to left side
- 3&4 Cross right behind left, step down left, touch right heel to right diagonal
- &5 Step down right, touch left behind right
- &6 Step back left, touch right heel to right diagonal
- 7 Hold
- &8 Step down right, cross left over right (3 o'clock)

### S3: 1/2 Turn Side, HOLD Together Side, Cross Rock, Recover Sailor 1/4 Turn

- 1 2 Make <sup>1</sup>/<sub>4</sub> turn left stepping back right, make <sup>1</sup>/<sub>4</sub> turn left stepping to left side (9 o'clock)
- 3&4 Hold (count 3) step right at side of left, step left to left side
- 5 6 Cross rock right over left, recover weight onto left
- 7&8 Make 1/4 turn right crossing right behind left, step left in place, step right in place (12 o'clock)

# S4: Walk LR a ¼ Turn. ¼ Shuffle Turn. Heel Swtch R&L&R, Heel Twist Out In

- 1 2 Walk round to left stepping left, right with 12 o'clock wall on your right
- 3&4 Shuffle round a guarter turn to face 6 o'clock stepping left, right, left
- Touch right heel forward, step right in place, touch left heel forward 5&6
- &7 Step left in place, place ball of right foot forward
- &8 Twist both heels right then centre finishing with weight on left (6 o'clock)

# S5: Step Back Sweep x2, Coaster Step Full Turn Fwd (or walk fwd x2)

- 1 2Step back right, sweep left leg anti clockwise
- 3 4 Step back left, sweep right leg clockwise
- 5&6 Step back right, step back left, step forward right
- 7 8 Make <sup>1</sup>/<sub>2</sub> turn right stepping back left, make <sup>1</sup>/<sub>2</sub> turn right stepping forward right – or walk fwd left, right

### S6: 1/2 Pivot Turn 1/2 Shuffle Turn Back, Right Rock Back Recover, Walk, Walk,

- 1 2 Step forward left, make 1/2 pivot turn right onto right
- 3&4 Make 1/2 turn right shuffling back left right left
- 5 6 Rock back right, recover weight onto left
- 7 8 Walk forward right then left

### \*\*\*\* RESTART: HERE DURING WALL 2 FACING 12 O'CLOCK \*\*\*\*

\*\*\*\* Step fwd right on the & count and start the dance again





### S7: Hitch & Cross. Side Rock Recover Cross Shuffle 1/4 Turn Step Side

- 1&2 Hitch right knee across, step down right, cross left over right
- 3 4 Rock right to right side, recover onto left
- 5&6 Cross right over left, step left to left side, cross right over left
- 7 8 Make <sup>1</sup>/<sub>4</sub> turn right stepping back left, step right to right side (9 o'clock)

#### S8: Hitch & Cross. Side Rock Recover Cross Shuffle Rock ¼ Turn

- 1&2 Hitch left knee across, step down left, cross right over left
- 3 4 Rock left to left side, recover onto right
- 5&6 Cross left over right, step right to right side, cross left over right
- 7 8 Rock right to right side, make 1/4 turn left recovering weight fwd onto left
- & Step forward right

#### Last Update - 26th Oct 2016