

The Rose

Count: 32

Wand: 4

Ebene: Intermediate NC2S

Choreograf/in: Maria Maag (DK) - November 2016

Musik: The Rose - Westlife : (Album: Greatest Hits)



Intro: 8 counts from first beat

Tags: 4 counts after wall 2 (Facing 06:00) and after wall 4 (Facing 12:00) see more details below.

Note: On wall 6 after count 28 (facing 6:00), slightly hold for a ½ count before you continue with the dance (music slows down, so follow the beat)

Ending: □ On wall 7 after 8& counts (facing 9:00) music slows down so follow the music.
Slightly hold before the last beat in music, turn ¼ R on R sweep L fw.(1)...The End

[1 – 8] □ Basic R, side rock L cross L ¼ L ½ L sweep R, cross R, basic L □

1-2& Step R to R (1), close L behind R (2), cross R over L (&) □ 12:00

3&4& Rock L to L (3), recover R (&), cross L over R (4), turn ¼ L stepping back R (&) □ 09:00

5-6 Turn ½ L stepping down L and sweep R fw. (5), cross R over L (6) □ 03:00

7-8& Step L to L (7), close R behind L (8), cross L over R (&) □ 03:00

[9 – 16] □ ¼ L Stepping back R sweep back L, step back L sweep back R, back rock R recover L run 1/8 L run 1/8 L, sway R L, vine ¼ R □

1-2 Turn ¼ L Stepping back R and sweep L back (1), step back L and sweep back R (2) □ 12:00

3&4& Rock back R (3), recover L (&), turn 1/8 L and run fw. R (4), turn 1/8 L and run fw. L (&) □ 09:00

5-6 Step R to side and Sway upper body R (5), sway L (6) □ 09:00

7-8& Step R to R (7), cross L behind R (8), turn ¼ R stepping down R (&) □ 12:00

[17 – 24] □ ¼ R basic L, rolling vine R 1 ¼ R, Step ½ turn R with sweep L fw. walk fw. L+R, mambo fw. L □

1-2& Turn ¼ R stepping L to L (1), close R behind L (2), cross L over R (&) □ 03:00

3&4& Turn ¼ R stepping down R (3), turn ½ R stepping back L (&), turn ½ R stepping fw. R (4), step fw. L (&) □ 06:00

5-6 Turn ½ R stepping down R and sweep L fw. (5), walk fw. L (6) □ 12:00

7-8& Walk fw. R (7), rock fw. L (8), recover R (&) □ 12:00

[25 – 32] □ Turn ½ L Step fw. L sweep R, cross rock R recover L side R cross L ¼ L stepping back R, side step L cross R, lunge L to L, side R together L □

1-2& Turn ½ L stepping down L and sweep R fw.(1), cross rock R over L (2), recover L (&) □ 06:00

3&4 Step R to R (3), cross L over R (&), turn ¼ L stepping back R and sweep L to L (4) □ 03:00

5-6 Step L to L (5), cross R over L (6) □ 03:00

7-8& Lunge L to L (7), recover R (8), step L next to R (&) □ 03:00

Tag: □ Basic R, Basic L □

1-2& Step R to R (1), close L behind R (2), cross R over L (&)

3-4& Step L to L (3), close R behind L (4), cross L over R (&)

Enjoy...:-)

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