# Blame It On My Heart EZ

Ebene: Beginner

Choreograf/in: Elaine Hornagold (UK) - November 2016 Musik: Blame It on My Heart - Karmin

## Intro: 4 Counts start on vocals

**Count: 32** 

## Section 1: Step, Lock, Step Lock Step, Rock Fwd, Recover, Shuffle ½ Turn Left

- 1 2Step Right forward, Lock Left behind.
- Step Right forward, Lock Left behind, Step Right forward. 3&4
- Rock forward on Left, Recover onto Right. 5 – 6
- 7 & 8 Shuffle 1/2 turn Left stepping L - R - L

### Section 2: Step, Lock, Step Lock Step, Rock Fwd, Recover, Coaster Step

- 1 2 Step Right forward, Lock Left behind.
- 3&4 Step Right forward, Lock Left behind, Step Right forward.
- 5 6Rock forward on Left, Recover onto Right.
- 7 & 8 Step back on Left, Step Right next to Left, Step forward on Left.

## Section 3: Forward Point, Kick Ball Point, Jazz Box ¼ Turn Right

- 1 2Step forward on Right. Point Left to Left side.
- 3&4 Kick Left Forward. Close Left beside Right. Point Right to Right side.
- 5 6 Cross Right over Left, Step back on Left
- 7 8 1/4 turn Right stepping Right to Right side. Step forward Left.

## Section 4: Step Touches, Out Out In In, Heel Bounces

- 1 2 Step forward to Right diagonal with Right. Touch Left next to Right.
- 3 4 Step back to Left diagonal with Left. Touch Right next to Left.
- & 5 & 6 Step Right apart. Step Left apart. Step Right In, Step Left Together.
- 7 8 Bounce both heels Twice.

#### Contact: elaine@applejaxlinedancers.co.uk





Wand: 4