Mama's Heart Of Gold

Count: 34

Ebene: Improver

Choreograf/in: Micaela Svensson Erlandsson (SWE) - November 2016 Musik: Mama Courtney - Robert Mizzell

Intro: 36 Count	
Section 1:□Side 1&2 3&4 5&6 7&8	e. Touch. Side. Behind. Side. Cross. Side. Touch. Side. Behind. ¼ Turn right. Step. Step right to right side. Touch left beside right. Step left to left side. Cross right behind left. Step left to left. Cross right over left. Step left to left side. Touch right beside left. Step right to right side. Cross left behind right. Turn ¼ right stepping forward on right. Step forward on left.
1&2 3&4 5-6 7&8	nbo Step. Coaster Step. Step. ½ Turn left. ½ Chase Turn left. Rock forward on right. Recover onto left. Step back on right. Step back on left. Step right beside left. Step forward on left. Step forward on right. Turn ½ left. Step forward on right. Turn ½ left. Step forward on right. wall 3 facing 9 O'clock. Wall 6 Facing 12 O'clock. Wall 7 Facing 9 O'clock.
Section 3:□Roc 1-2 3&4 5&6& 7-8	A Step. Shuffle ½ Turn left. Heel Switches. Rock Step. Rock forward on left. Recover onto right. Make a Shuffle ½ turn back over the left shoulder stepping left, right, left. Touch right heel forward. Step right in place. Touch left heel forward. Step left in place Rock forward on right. Recover onto left.
Section 4:□Bac 1&2 3&4 5-6 7& 8&	A Shuffle. Coaster Step. Skate. Skate. Right Vaudeville. Step back on right. Close left beside right. Step back on right. Step back on left. Step right beside left. Step forward on left. Skate forward on right. Skate forward on left. Cross right foot over left. Step back on the left foot. Touch right heel forward. Step right in place.
Section 5:□Cro 1&2	Cross left over right. Step right foot to right side. Cross left over right.
Bridge: Walk forward on left. Walk forward on right. On Wall 3 (Facing 9 O'clock) Wall 6 (Facing 12 O'clock) Wall 7 (Facing 9 O'clock)	
Tag: After Wall 3(Facing 3 O'clock) Right Scissor Step. Left Scissor Step.	





Wand: 4