## **Baby Pom Poms**



Count: 64 Wand: 2 Ebene: Phrased Beginner

Choreograf/in: Wanda Heldt (AUS) - December 2016

Musik: Pom Poms - Jonas Brothers



#### AA BB AA BB [Tag 1. 4 cts.] AA [ Tag 2. 8 cts.] BB

Demo the dance Pom Poms to my Seniors and they loved it..so I chor this for them and Beginners It's all about keeping them on the floor and having FUN:-).

#### **PART AA**

### A1. □RIGHT LOCK STEP, BRUSH, LEFT LOCK STEP, TOUCH

1-4 Step forward on Right, Step Left behind Right, Step forward on Right, Brush Left.

5-8 Step forward on Left, Step Right behind Left, Step forward on Left, Touch.

#### A2. BACK LOCK STEP, HOLD, BACK LOCK STEP, TOUCH

1-4 Step back on Right, Step Left across Right, Step back on Right, Hold. [or Shuffle back]

5-8 Step back on Left, Step Right across Left, Step back on Left, Hold. [or Shuffle back]

## A3. RHUMBA BOX [Basic]

1-2 Step Right to Right side, Step Left next to Right.

3-4 Step back on Right, hold

5-6 Step Left to Left side, Step Right next to Left.

7-8 Step forward on Left, hold. [Wt.on R]

# A4.□STEP FORWARD, HOLD PIVOT 1/4 TURN LEFT, HOLD, STEP FORWARD, HOLD PIVOT 1/4 TURN LEFT, HOLD

Step forward on Right, Hold, Pivot 1/4 turn Left, Hold. [Wt. on R] [9:00]
Step forward on Right, Hold, Pivot 1/4 turn Left, Hold. [Wt. on R] [6:00]

### PART BB [Always facing 12:00]

## B1.□RIGHT VINE, RIGHT & LEFT ARM OUT,

1-4 Step Right to Right, Step Left behind Right, Step Right to Right, Hold.

5-8 Put both arms out side of body, [slight knee bend] Hold.

#### B2. ☐ HIP BUMPS, SIDE, TOGETHER, SIDE, SLIDE

1-4 Hips Bumps L.R.L.R.

5-8 Step Left to Left, Step Right next to Left, Bigger step Left, Slide Right next to Left.

#### B3. SHIMMY TO THE RIGHT, SHIMMY TO THE LEFT

Step Right to Right, shimmy shoulders as you slide Left next Right.
Step Left to Left, Shimmy shoulders as you slide Right next Left.

#### B4.□FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH, FORWARD TOUCH

Step Right to Right diagonal, Touch Left next to Right.
Step Left back to Left diagonal, Touch Right next to Left.
Step Right back to Right diagonal, Touch Left next to Right.
Step Left to Left diagonal, Touch Right toe next to Left.

### Restart ... HAVE FUN IN LIFE & IN DANCE.

#### TAG 1. ROCKING CHAIR

1-4 Step forward on Right, Recover on Left, Step back on Right, Recover on Left.

<sup>\*\*</sup>To make Part BB a 2 wall.. S.4 Forward, Touch, 1/4 turn L, Touch, Forward, Touch, 1/4 turn L, Touch.

TAG 2. ROCK FORWARD, RECOVER, STEP HOLD for 4 Counts. 1-8 □Rock forward on Right, Recover on Left, Step Right to Right [Wt.on Left] Hold.

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