

No Worries, No Sorrow

Count: 40

Wand: 4

Ebene: Improver

Choreograf/in: Trine Haukø Lund (NOR) - December 2016

Musik: We Won't Go Home - Morgan Myles



#16 count intro.

SIDE TOGETHER, SCISSOR STEP, SIDE TOGETHER, SCISSOR STEP

- 1-2 Step RF to right side, step LF next to RF
- 3&4 Step RF to right side, step LF next to RF, cross RF over LF
- 5-6 Step LF to left side, step RF next to LF
- 7&8 Step LF to left side, Step RF next to LF, cross LF over RF

***Restart in the 2nd wall.**

TOUCH CROSS, TOUCH CROSS, ROCKSTEP, COASTER STEP

- 1-2 Touch RF to right side, cross RF over LF
- 3-4 Touch LF to left side, cross LF over RF
- 5-6 Rock RF forward, recover on LF
- 7&8 Step RF back, step LF next to RF, Step RF forward

*1/4 TURN R X2, JAZZBOX

- 1-2 Step LF forward, 1/4 turn R
- 3-4 Step LF forward, 1/4 turn R
- 5-6 Cross LF over RF, step back on RF
- 7-8 Step LF next to RF, step forward on RF

****Restart in the 6th wall.**

WALK, WALK SHUFFLE, ROCK, TRIPLE 1/2 TURN R

- 1-2 Walk LF forward, walk RF forward
- 3&4 Step LF forward, step RF next to LF, step LF forward
- 5-6 Rock RF forward, recover on LF
- 7&8 Turn 1/4 R step RF to right side, step LF next to RF, turn 1/4 R step forward on RF

STEP HOLD, STEP HOLD, 1/4 TURN L, HIP CIRCLE BUMP L, HIP CIRCLE BUMP R

- 1-2 Step LF forward, hold
- &3-4 Step RF behind LF, step forward on LF, hold
- 5-6 Turn 1/4 L, step RF to R side, circling hips counter clockwise from L to R, bump L hip to the L side
- 7-8 Step LF to L side, circling hips clockwise from R to L, bump R hip to R side

*****Tag after the 4th and the 8 wall.**

Make sure you have weight on LF when you finish, to start again on the RF.

***Restart in wall 2: after 8 counts (facing 9 o'clock).**

****Restart in wall 6: after 24 counts (facing 6 o'clock). NOTE: At the end of the jazzbox, touch RF next to LF, to restart the dance on RF.**

*****Tag: After wall 4 (facing 3 o'clock), and after wall 8 (facing 12 o'clock). Repeat the last 4 counts of the dance.**

Ending: after 24 counts in wall 10 (facing 3 o'clock). Step LF forward and turn 3/4 over R shoulder to face front wall

Contact: trilund@online.no
