Stayin'Alive AB (Absolute Beginner)



Count: 32 Wand: 4 Ebene: Absolute Beginner

Choreograf/in: Marylène Bocquet (FR) - October 2016

Musik: Stayin' Alive - Julian Perretta, Francesco Yates & Måns Zelmerlöw : (From

Saturday Night Fever)



#16 counts Intro - NO TAG NO RESTART

Dance written for BOUFFERE FESTIVAL (France) 5 & 6 November 2016 for absolute beginners dancers

This dance version exists as a beginner/improver level dance. It is called STAYIN' ALIVE

Section 1: DIAGONAL TOUCH- x 2, WALK BACK R-L-R-L

1 - 2	Step right foot diagonally forward Touch left close to right facing
3 - 4	Step left foot diagonally forward, Touch right close to left
5 - 6	Walk back on right foot, Walk back on left foot,

7 - 8 Walk back on right foot, Walk back on left foot,

Section 2: MODIFIED RUMBA,

1 - 2	Step right foot to right side, Step left foot beside right,
3 - 4	Step right forward, Touch left close to right
5 - 6	Step left foot to left side, Step right foot beside left,
7 - 8	Step left forward, Touch right close to left

Section 3: SIDE TOGETHER SIDE TOUCH, SIDE TOGETHER 1/4 TURN LEFT TOUCH

1 - 2	Step right foot to right side, Step left beside right,
3 - 4	Step right foot to right side, Step left foot close to right
5 - 6	Step left to left side, Step right beside left
7 - 8	Step left to left side, ¼ turn left touch right close to left (Weight on left) 9:00

Section 4: OUT, OUT, IN, IN, STOMP x2, BUMP HIPS L-R-L

1 - 2	Step right to right diagonal, Step left to left diagonal, (Feet apart)
3 - 4	Step right back in place, Step left back in place, (Feet together)
5 - 6	Stomp right foot to right, Stomp left foot to left (Feet apart)
7&8	Bump hips Left, Right, Left (Weight on left)

A big thank you to my friend Greg, who does the English translations for all my dances.

DON'T FORGET TO SMILE AND HAVE FUN - PEOPLE MAY BE WATCHING!

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