Hey Mama!!



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Alexis Strong (UK) - January 2017

Musik: Hey Mama - Galavant : (iTunes)



Start On Vocals

[1-8] CHASSE RIGHT, LEFT BACK ROCK RECOVER, CHASSE LEFT, RIGHT BACK ROCK, RECOVER.

1&2	Step R To R (1) Step L To R (&) Step R To R (2)
3-4	Rock L Behind R (3) Recover Fwd On R (4)
5&6	Step L To L (5) Step R To L (&) Step L To L (6)
7-8	Rock R Behind L (7) Recover Fwd On L (8)

[9-16] GRAPEVINE 1/4 TURN, 1/4 GRAPEVINE 1/4 TURN, RIGHT STEP PIVOT 1/2 TURN.

1-2	Step R To R (1) Cross I	_ Behind R (2)
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3-4 1/4 Turn R, Step On R (3) FACING 3.00 1/4 Turn Step On L (4) FACING 6.00

5-6 Cross R Behind L (5) 1/4 Turn L, Step On L (6) FACING 3.00

7-8 Step R Fwd (7) Making 1/2 Turn Pivot, Step On L (8) FACING 9.00

[17-24] FORWARD RIGHT TOE STRUT, FULL TURN RIGHT, LEFT ROCKING CHAIR.

1-2	Strut R Toe Fwd (1)) Step R Down (2)	,
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3-4 Making 1/2 Turn R, Step On L (3) Making 1/2 Turn R, Step Fwd On R (4)

5-6 Rock L Fwd (5) Recover Back On R (6)

7-8 Rock L Back (7) Recover Fwd On R (8) FACING 9.00

[25-32] CROSS POINT, CROSS POINT, AND POINT, 1/2 TURN MONTEREY.

1-2 Cross L Over R (1) Point R To R (2) 3-4 Cross R Over L (3) Point L To L (4)

&5-6 Step On L (&) Point R To R (5) Making 1/2 Turn R, Step On R (6) FACING 3.00

7-8 Point L To L (7) Step Together On L (8)

Restart Wall 5 After Count 16.

Enjoy!!