

# Rebel Heart

**COPPER** KNOB  
STEPPERS

Count: 48

Wand: 2

Ebene: Phrased Intermediate

Choreograf/in: Todd Lescarbeau (USA) - January 2017

Musik: Road Less Traveled - Lauren Alaina : (Album: Road Less Traveled)



#8 count intro start with vocals

## Section A (32 counts)

[1 – 8] □□ ROCK, RECOVER, COASTER STEP,  $\frac{3}{4}$  PADDLE STEP, KICK

1, 2 3&4 Rock forward onto R, recover onto L, Step back on R, Step back on L, Step forward on R  
5&6&7 8 Turn  $\frac{1}{4}$  to left stepping on L, Quickly step ball of R beside L, Repeat two more times, Kick forward for count 8. ( you will end this section facing 3:00)

(\*optional hand movements Left hand out as if holding the reigns of a horse, slap side of thigh in Giddy-up fashion)

[9-16] □□ CROSS, BACK, STEP-CROSS, STEP,  $\frac{1}{2}$  TURNING SAILOR STEP, CAMEL WALK

1,2&3,4 Cross step R over L, Step back (diagonally) on L, Quickly step R beside L, Cross step L over R. Step R side.

5&6, 7,8 Step L behind starting a  $\frac{1}{2}$  turn Left. continue to turn stepping R to side, finish  $\frac{1}{2}$  turn stepping L to side. Now facing 9:00, Step forward on R bending L knee, step forward on L bending R knee. (your feet should slide slightly forward with this movement.)

[17 – 24] ROCK FORWARD, RECOVER,  $\frac{1}{2}$  SHUFFLE, BRUSH TOE FORWARD, BACK, SHUFFLE FORWARD

1,2 3&4 Rock forward on R, Recover onto L, Turn  $\frac{1}{2}$  to right as you shuffle forward RLR

5,6, 7&8 Brush L toe forward, Brush L toe back and across R shin (like a hook), Shuffle Forward LRL

[25 – 32] CROSSING ROCK, RECOVER, CROSSING-ROCK, RECOVER. WALK AROUND

1&2 3&4 Cross-rock R over L, Recover onto L, Step R to side, Cross-rock L over R, Recover onto R, Step L to side.

5,6,7,8 Walk around (you will be making a  $\frac{3}{4}$  turn counter-clockwise) stepping R,L,R,L (You will now face 6:00)

## Section B (16 counts)

[1 – 16] □□ HEEL-FLICK, SHUFFLE, CROSS-ROCK, RECOVER,  $\frac{1}{4}$  TURN,  $\frac{1}{4}$  TURN

1,2 3&4 Tap R heel out to side, flick R toe behind L, Shuffle sideways RLR

5,6, 7,8 Cross-rock L over R, recover onto R, Step into a  $\frac{1}{4}$  turn left on L, turn  $\frac{1}{4}$  to left as you step R beside L

1,2 3&4 Tap L heel out to side, flick L toe behind R, Shuffle sideways LRL

5,6 7&8 Cross-rock R over L, recover onto L, Step into a  $\frac{1}{4}$  turn right on R, turn  $\frac{1}{4}$  right as you step L beside R

**\*Choreography note:** When choreographing this dance, I added different hand movements for fun ie. When she sings about riding into battle, I held left hand out to hold the reigns of a horse and slap my thigh/butt for the paddle turn simulating a galloping horse. When she says “put your hands up”, I put my hands up. Remember, Dancing should be fun, not so complicated that you are stressed out-- Feel the music, dance the dance!

Dance sequence is as follows: AAA-B-AAA-BB-A to end. Have Fun & enjoy!

Contact: Todd\_lescarbeau@yahoo.com (413) 824-6612

