Shake Like You're Changed

Ebene: Improver / Intermediate

Choreograf/in: Judy Baldak (USA) - February 2017 Musik: Shake - MercyMe

(1-8) Run run run, Half-Charleston, Coaster step, Chase 1/2 turn R

1&2 R step, L step, R step

Count: 32

- 3,4 Point fw L, step back on L
- 5&6 Coaster step back on R, L together, step R fw
- 7&8 Step fw on L, 1/2 turn to R step on R, step L together

(9-16) Scissor step, Scissor step ¼ turn R, Cross rock recover, Kick ball change

- 1&2 Rock side R, recover to L, cross R over L
- 3&4 Rock side L, recover to R, cross L over R with 1/4 R
- 5&6 rock fw R across L with hip roll, recover L, step back on R
- 7&8 Kick L, step on L ball, step on R

(17-24) Rock recover, Back lock step, Back lock step, Stomp x2, step

- 1,2 L fw rock, recover to R
- 3&4 Step back L, lock R, back L
- 5&6 Step back R, lock L, back R
- 7&8 stomp L x2, step on L (weight on L on 8)

((Restart here on walls 2&3))

(((First restart faces 3:00, second restart faces 12:00)))

(25-32) Wide Step R, Touch L by R, ¼ turn L, ¼ turn L, Wide step L, Touch R by L, Step ¼ R, Step, step together

- 1,2 Step wide side R, slide L to touch by R
- 3,4 step on L1/4 turn L, step on R 1/4 turn L
- 5,6 Step wide side L, slide R to touch by L
- 7,8 step on R 1/4 R, step L beside R

Repeat

TAG: *16 ct. Tag after wall 6:

- 1-4 R jazz box 1/4 turn R
- 5,6 R rock recover to L
- 7&8 coaster step
- 1-4 L jazz box L 1/4 turn L
- 5,6 L rock recover to R
- 7&8 coaster step

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Wand: 2