No Woman No Cry



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Stella Kim (KOR) - February 2017

Musik: No Woman No Cry - Faada Freddy

Intro: 16 counts



1-2&3 RF forward, LF forward, RF cross behind LF, LF forward

4 1/4 turn L with RF side

5-6& LF side, RF back rock, LF recover

7&8& RF side, LF cross behind RF, RF side, LF touch beside RF(9:00)

SEC 2: SIDE, TOUCH, 1/4 TURN L WITH SIDE, TOUCH, SIDE, TOUCH, SIDE, BACK MAMBO

1-4 LF side, RF touch beside LF, 1/4 turn L with RF side, LF touch beside RF

5&6 LF side, RF touch beside LF, RF side 7&8 LF back rock, RF recover, LF forward(6:00)

SEC 3: FORWARD, PIVOT 1/4 TURN R, CROSS SHUFFLE, 1/4 TURN L WITH BACK, 1/2 TURN L WITH FORWARD, 1/4 TURN L WITH SIDE ROCK, RECOVER, CROSS

1-2& RF forward, LF forward, pivot 1/4 turn R(weight RF)

3&4 LF cross over RF, RF side, LF cross over RF
5-6 1/4 turn L with RF back, 1/2 turn L with LF forward

7&8 1/4 turn L with RF side rock, LF recover, RF cross over LF(9:00)

SEC 4: SIDE, TOUCH, 1/4 TURN R WITH FORWARD, 1/2 TURN R WITH BACK SHUFFLE, BACK, TOUCH, REPLACE, 1/4 TURN L WITH TOUCH

1&2 LF side, RF touch beside LF, 1/4 turn R with RF forward
3&4 1/4 turn R with LF side, RF together, 1/4 turn R with LF back

5-8 RF back, LF forward toe touch, LF replace, 1/4 turn L with RF touch beside LF(3:00)

NO TAG, NO RESTART

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http://www.youtube.com/user/thetrianglelinedance