Tough

Count: 64 Wand: 2 Choreograf/in: Caroline Cooper (UK) - March 2017

Musik: Tough - Kellie Pickler



INTRO: 16 COUNTS

Sec 1: CROSS POINT, CROSS POINT, CROSS, BACK, (TURN 1/8TH R) 1.30, SHUFFLE BACK

Ebene: High Improver

- 1-2 (Forward direction) Cross R over L, point L to L side
- 3-4 (Forward direction) Cross L over R, point R to R side
- 5-6 Cross R over L, step back on L (turn 1/8th) (1.30)
- 7&8 Shuffle back (still facing 1.30) RLR

Sec 2: BEHIND, SIDE, CROSS SHUFFLE, SIDE ROCK, TOGETHER, SIDE ROCK

- 1-2 Cross L behind R (straighten up 3 o'clock) step R to R side
- 3&4 Cross L over R, step R to R side, cross L over R
- 5-6 Rock R to R side, recover L
- &7-8 Step R next to L, rock L to L side, recover

Sec 3: DD1/2 SAILOR TURN, MAMBO, HITCH X 2, COASTER

- 1&2 Turning 1/2 L, sweep L behind R, step R to R side, L to L side
- 3&4 Rock R forward, recover L, step back R
- 5&6& Hitch L back, hitch R back
- 7&8 Step back L, step back R, step forward L

Sec 4: SCUFF HITCH STEP, SCUFF HITCH STEP, ROCK, RECOVER, SHUFFLE 1/2

- 1&2 Scuff R foot forward, hitch, step forward R
- 3&4 Scuff L foot forward, hitch, step forward L
- 5-6 Rock forward R, recover L
- 7&8 1/2 turn R, stepping RLR

Sec 5: 14, CROSS BEHIND, ¼ CHASSE, STEP PIVOT ½, ¼ CHASSE

- 1-2 1/4 R stepping L to L side, cross R behind L
- 3&4 1/4 L, shuffle LRL
- 5-6 Step forward R, 1/2 turn L
- 7&8 1/4 turn L, step R to R side, close, side

Sec 6: BACK ROCK POINT, BACK ROCK POINT, BEHIND ¼ TURN , FORWARD SHUFFLE

- 1&2 Back rock L behind R, recover, point L to L side
- 3&4 Back rock L behind R, recover, point L to L side
- 5-6 Cross L behind R, ¼ R stepping forward R
- 7&8 Shuffle forward LRL

Sec 7: COASTER STEP, STEP 1/4

- 1-2 Rock forward R, recover L
- &3-4 Step R next to L, rock forward L recover R
- 5&6 Step back on L, step R next to L, step forward L
- 7-8 Step forward R, ¼ turn L

Sec 8: DIJAZZ BOX, HIP BUMPS

- 1-2 Cross R over L, step back L
- 3-4 Step R to R side, step forward L
- 5&6 Step forward R bump hips RLR
- 7&8 Step forward L bump hips LRL

TAG: Step change during wall 2 section 6 facing 12 o'clock, Restart dance from beginning5-6Cross L behind R, step R to R side

- 7&8 Forward shuffle LRL

The Dance Finishes At The End Of Section 3, Turn ¼ Turn R To The Front Stomping R Forward