Stop And Go Shanty



Count: 32 Wand: 4 Ebene: High Improver

Choreograf/in: Adrian Churm (UK) - March 2017

Musik: Rejected Marvels - Stamp'n Go Shanty



Sec 1: ☐ Side rock, recover, triple step crossover, x2

1 – 2 Rock right foot to the side, recover onto left.

3&4 Step right foot across left, step left foot to the side, step right across left.

5-6 Rock left foot to the side, recover onto right.

7&8 Step left foot across right, step right foot to the side, step left across right.

Sec 2: ☐ Side, behind, ¼ turn right into shuffle forward, ½ turn right, close forward, forward

1-2 Step right foot to the side, step left foot behind right.

3&4 ½ turn right, shuffle forwards right left right.

5-6 Step forward left, $\frac{1}{2}$ turn right (weight end on right forward).

&7 – 8 Step left foot next to right, step forward right, strong step forward left or stomp forward.

Sec 3: ☐ Scuff, heel touch forward, right coaster step, rock, recover, left coaster step

1 – 2 Scuff right heel forward, touch right heel forward.

Restart here during the 8th repetition of the dance (you will be facing 6 o'clock again to start wall 9)

3&4 Step right foot back, close left foot to right, step right foot forward.

5 – 6 Rock forward onto left, recover back onto right.

7&8 Step left foot back, close right foot next to left, step left foot forward.

Sec 4: ☐ heel and toe switches turning ¼ left, close, step forward ¼ turn left, cross rock, recover

Touch right heel forward, step right foot in place, touch left toe next to right heel.

&3 1/4 turn left stepping left foot forward, touch right toe next to left heel.

&4 Small step back on right, touch left heel forward.

&5 – 6 Close left foot next to right, step right foot forward, ¼ turn left (weight ending on left foot).

7 – 8 Rock right foot across left, recover back onto left foot.

Note On wall 3 facing 6 o'clock, wall 6 facing 3 o'clock and wall 12 facing 3 o'clock you will start the dance from counts 3&4 of section 1 after the cross rock recover on counts 7 – 8 in section 4

Restart On the 8th repetition of the dance after counts 1 – 2 of section 3

Optional ending to finish facing the front on the last wall of the dance.

on the 12th wall of the dance after counts &5 – 6 of section 4 do the following.

7-8 step right foot forward, make a $\frac{1}{2}$ turn left to end the dance facing the front.