

# My Pretty Galway Girl

**COPPER** **KNOB**  
STEPSHEETS

**Count:** 64

**Wand:** 2

**Ebene:** Phrased Easy Intermediate

**Choreograf/in:** Annie Briand (FR), Anne Degoy (FR), Patricia Mathieu (FR), Soline Royer (FR) & Brigitte Truffandier (FR) - April 2017

**Musik:** Galway Girl - Ed Sheeran : (Album: Divide)



**Intro : 16 counts - Sequence : A ; B ; A ; B ; B- (S 3 & 4) ; A ; B ; B- (S3 & 4) x 3**

## **PART A "FUNKY"**

### **AS1: [1-8] □ OUT OUT R-L, SKATE R-L-R, BACK L R, COASTER STEP L**

- 1 – 2 Step out on R. Step out on L.
- 3 & 4 Skate : Step RF on forward diagonal. Step LF on forward diagonal. Step RF on forward diagonal.
- 5 – 6 Step back on LF. Step back on RF.
- 7 & 8 Step back on LF. Step RF close to LF. Step forward on LF. [12:00]

### **AS2: [9-16] □ CAMEL WALK R-L, SIDE ROCK CROSS R, STEP KICK, BACK BACK DRAG L BACK**

- 1 – 2 Step forward on RF while making a L knee pop. Step forward on LF while making a R knee pop.
- 3 & 4 Rock RF to R side. Recover on LF. Cross RF over LF.
- 5 – 6 Step LF on forward L diagonal [10:30]. Kick RF on forward L diagonal.
- 7 & 8 Run Back : Step back on RF. Step back on LF. Step back on RF dragging L heel near RF staying on RF.

### **AS3: [17-24] □ OUT OUT R-L, R KNEE IN, ARMS MVT, HIP ROLL, SWIVELS R + ARMS MVT**

- 1 – 2 Step LF to L side making 1/8 turn L [9:00]. Step out on R.
- 3 & 4 R Knee In: Bend L knee swiveling R toe in with R knee in (3). Swivel on RF to bring R knee in place (&). Push both arms in front of you with flex hands (4) in the same time push hips backwards (4).
- 5 – 6 Hip Roll from L to R.
- 7 & 8 Swivel RF: Swivel R heel in. Swivel R toe in. Swivel R heel to center (the RF moves closer to the LF without taking weight).

**Arms movements: Bring back both arms in two times (7 &), push both arms down (8).**

### **AS4: [25-32] □ MAMBO STEP FWD R, SIDE ROCK + 1/4 TURN R, OUT OUT R-L, TOES HEELS + BODY ROLL**

- 1 & 2 Rock RF forward. Recover on LF. Close RF next to LF.
- 3 & 4 Rock LF to L side. Recover on RF. 1/4 turn R step forward on LF. [12:00]
- 5 – 6 Step forward R on R diagonal. Step forward L on L diagonal (weight on both feet). Shoulder movement: Roll your shoulders backwards, R (5) then L (6).
- 7 & 8 Twist both toes in. Twist both heel in. Twist both toes parallels making a Body Roll (for professionals!)

## **PART B "IRISH"**

### **BS1: [1-8] □ IRISH GALLOP R, POINT TOUCH HEEL HOOK, TRIPLE (SHUFFLE) STEP FWD L**

- 1 & 2 & On balls of feet and towards forward R diagonal [1:30]: Step pointed RF forward. Step (ball) LF near RF. Step pointed RF forward. Step (ball) LF near RF.
- 3 & 4 Step pointed RF forward. Step (ball) LF near RF. Step RF forward. [1:30]
- 5 & 6 & Point LF to L side. Touch LF near RF. Touch L heel forward. Hook L leg over R making 1/4 turn L [10:30].
- 7 & 8 Step LF forward. Step RF close to LF. Step LF forward [10:30].

### **BS2: [9-16] □ SCUFF HITCH STOMP L THEN R, PADDLE FULL TURN R**

- 1 & 2 Scuff R heel. Hitch R knee. Stomp RF near LF making 1/8 turn R. [12:00]

3 & 4            Scuff L heel. Hitch L knee. Stomp LF near RF.  
 5 & 6 &        Paddle Turn : 1/4 turn R stepping RF forward. Step LF near RF. 1/4 turn R stepping RF forward. Step LF near RF.  
 7 & 8 &        1/4 turn R stepping RF forward D. Step LF near RF. 1/4 turn R stepping RF forward. Step LF near RF [12:00].

**BS3: [17-24] □ SIDE ROCK R, SAILOR STEP R, HEEL & POINT & HEEL & SCUFF + HITCH**

1 – 2            Rock RF to R side. Recover on LF.  
 3 & 4            Sailor Step : Step RF behind LF, Step LF to L side, Step RF to R side.  
 5 & 6 &        Touch LF heel on L diagonal. Step LF near RF. Touch R toe behind LF. Step RF near LF.  
 7 & 8 &        Touch LF heel on L diagonal. Step LF near RF. Scuff R heel. Hitch R knee.

**BS4: [25-32] □ ROCK STEP FWD R, TRIPLE 1/2 TURN R, KICK OUT OUT, IN IN, SWIVET**

1 – 2            Rock forward on RF. Recover on LF.  
 3 & 4            1/2 turn R stepping RF forward. Step LF near RF. Step RF forward. [6:00]  
 5 & 6 & 7        Kick LF forward. Step out on L. Step out on R. Step in on L. Step in on R (weight on both feet).  
 & 8            Swivet : On L toe and R heel swivel both toes to R (for professionals :) ! ) or...

**Option □ Swivel both heels to L rising on both toes (&). Recover to center (8).**

**Note : □ Finish weight on L : either to dance the Part A or to resume with sections 3 and 4 of Part B.**

**ENDING: □ At the third and last round of Sections 3 and 4 of Part B, beginning at 12:00 :**

**Replace the last two counts (7-8) with "Cross Unwind 1/2 turn L" for a "big finish" facing 12:00 :**

7 – 8            Lock RF over LF (7). Unwind making 1/2 turn L (8).

**Sequence : Dance normally the "Part A (Funky) and Part B (Irish)" twice, then dance the Sections 3 and 4 of Part B (called "B minus").**

**Dance again Parts A and B, then dance three times the "B minus" ... and keep smiling**

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