Feel The Moment



Count: 56 Wand: 1 Ebene: Phrased Advanced

Choreograf/in: David Villellas (IT) - June 2017

Musik: Walla Walla Prison - Scotty Alexander



Seq: A - B - A - B - A - B - A - C - B - A - B - Tag - A (Restart) - A - C - B - A (Restart) - A(End)

A: 19 counts

Sect A1: "RUNNING MAN" RIGHT AND "RUNNING MAN" LEFT

1 &	Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
2 &	Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
3 &	Jump out R forward L back weight on both feet - Jump both back to center
4 &	Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
5 &	Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
6 &	Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
7 &	Jump out L forward R back weight on both feet - Jump both back to center
8 &	Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L and $\frac{1}{4}$ Turn left

Sect A2: ½ LEFT TURNING "RUNNING MAN" RIGHT AND ½ LEFT TURNING "RUNNING MAN" LEFT

1 &	Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
2 &	Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L and $^{1\!\!/}$ Turn left
3 &	Jump out R forward L back weight on both feet - Jump both back to center
4 &	Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R and $\frac{1}{4}$ turn left
5 &	Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
6 &	Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R and $\frac{1}{4}$ turn left
7 &	Jump out L forward R back weight on both feet - Jump both back to center
8	Jump out L forward R back weight on both feet

A-Restart here

Sect A3: FULL TURN RIGHT WITH STOMP, STOMP UP

1	½ Turn right step R
2	½ Turn right stomp L
3	Stomp up R next to L

A(End)

Sect AE1: "RUNNING MAN" RIGHT 2x FULL TURN WITH STOMP

1 &	Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
2 &	Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
3 &	Jump out R forward L back weight on both feet - Jump both back to center
4	Jump out R forward L back weight on both feet
5 - 6	½ Turn right step back L - ½ Turn right step forward R
7 - 8	½ Turn right step back L - ½ Turn right stomp forward R heavymetalcowboy.ch

B: 18 counts

Sect B1: CHARLSTEN STEP WITH SWIVEL ACTON (STARTING RIGHT), SHUFFLE STEP SIDEWARDS, STEP, TOUCH (ALTERNATIV WITH SWIVEL ACTION)

&	Swive	el L hee	I to left	and flick	R slightly to side
---	-------	----------	-----------	-----------	--------------------

1 Step forward R, swivel R heel to left and L heel right at same time

& Swivel L heel to left and flick R slightly to side

2	Step back R, swivel R heel to left and L heel right at same time
&	Swivel R heel to right and flick L slightly to side
3	Step back L, swivel L heel to right and R heel left at same time
&	Swivel R heel to right and flick L slightly to side
4	Step forward L, swivel L heel to right and R heel left at same time
&	Swivel L toe to right and flick R slightly to side
5	Swivel L heel to right and step R next to L, swivel R heel to left at same time
&	Swivel L toe to right and flick R slightly to side
6	Swivel L heel to right and step R next to L, swivel R heel to left at same time
7	Step forward R
8	Touch L forward

Alternativ: Normal Charlsten Step for count 1 to 4 Swivel Action for count 7 to 8 (Charlsten Step)

Sect B2: ½ TURN, FULL TURN JUMPING JAZZBOX, BACK ROCK, GRAPEVINE, TOUCH, 1 ½ ROLLING VINE, KICK

1	½ Turn left step L
2 &	1/4 Turn left cross R over L - 1/4 Turn left kick R forward
3 &	1/4 Turn left kick L - 1/4 Turn left Cross L over R
4 &	Back Rock R - Recover on L
5 &	Side step R - Cross L behind R
6 &	Side step R - Touch L to side
7 &	½ Turn left step L - ½ Turn left step R
8 &	½ Turn left step L - Kick forward R

Sect B3: FULL TURN RIGHT, STOMP UP

1 & ½ Turn left Step R - Flick L and turn ½ left

2 Step L heavymetalcowboy.ch

C: 19 counts

Sect C1: "RUNNING MAN" RIGHT AND "RUNNING MAN" LEFT

1 &	Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
2 &	Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
3 &	Jump out R forward L back weight on both feet - Jump both back to center
4 &	Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
5 &	Jump out L forward R back weight on both feet - Slide L back to center, hitch R next to L
6 &	Jump out R forward L back weight on both feet - Slide R back to center, hitch L next to R
7 &	Jump out L forward R back weight on both feet - Jump both back to center
8	Jump out L forward R back weight on both feet

Sect C2: ROCK, ½ TURN, ½ TURN STOMP, FLICK, STOMP, APPLE JACK

1 - 2	Jumping rock step forward right - ½ Turn right step R
3 & 4	½ Turn right stomp up L - Flick L and slap with left hand - Stomp L next to R
& 5	Swivel L heel to right and R toe right - back to center
& 6	Swivel R heel to left and L toe to left - back to center
& 7	Swivel L heel to right and R toe right - back to center
& 8	Swivel R heel to left and L toe to left - back to center

Sect C3: FULL TURN RIGHT, STOMP UP

1	½ Turn right step R
2	½ Turn right stomp L
3	Stomp up R next to L

Tag:-

Sect T1 KICK, ½ TURN FLICK, ½ TURN KICK, FLICK, KICK, FLICK, STOMP

1 & Kick forward R - ½ Turn left with flick L (Jumping on R)
2 & ½ Turn left and kick L - Jump on L and flick back R
3 & Kick forward R - Jump on R and flick back L
4 Stomp L next to R

Contact: michael@boots-at-line.de