Hold On I'm Comin'



Count: 32 Wand: 4 Ebene: Absolute Beginner - with Options

Choreograf/in: Kari McHugh Kyriakos (USA) - June 2017

Musik: Hold On I'm Comin' (feat. Bill Medley) - Michael Grimm: (iTunes USA)



#16-Count Intro

Sec. 1 (1-8) ∐VineRightWithTouch; VineLeftWithTouch	
1234	StepRightToRightSide, CrossStepLeftBehindRight, StepRightToRightSide,
	□TouchLeftBesideRight
5678	StepLeftToLeftSide, CrossStepRightBehindLeft, StepLeftToLeftSide,
	□TouchRightBesideLeft

Sec. 2 (9-16) □Repeat Sec.1 as described above i.e. VineRightWithTouch; VineLeftWithTouch (or roll either or both vines instead. See Modification Options below for more.)

Sec. 3 (17-24) Side-To-Side2x

1 2 3 4 StepRightToRightSide, TouchLeftBesideRight, StepLeftToLeftSide, TouchRightBesideLeft

5 6 7 8 Repeat 1-4

Sec. 4 (25-32) 1/4RightTurningSide-To-Side; Side-To-Side

1 2 TurnBody1/4RightAndStepWithRight (to face 3:00), TouchLeftBesideRight

3 4 StepLeftToLeftSide, TouchRightBesideLeft

5 6 7 8 StepRightToRightSide, TouchLeftBesideRight, StepLeftToLeftSide, TouchRightBesideLeft

EOD

Modification Options for Advancing Beginners:

- -When doing Sec. 2, instead a standard RightVineWithTouch and LeftVineWithTouch, change either or both vines into Rolling Vines with Touches.
- -Or feel free to take any of the vines from Sections 1 and/or 2 and make them into Rolling Vines e.g. just roll the Left Vines or just roll the Right Vines.
- -Or give your students the option of rolling any of the four vines as they'd like at any point in the dance get those creative juices flowing! But do remind them that they might get dizzy if doing too many in a row;)

Have fun

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