# Catch Feels (aka Feels)

Ebene: Easy Intermediate

Choreograf/in: Amy Christian (USA) - August 2017

Musik: Feels (feat. Pharrell Williams, Katy Perry & Big Sean) - Calvin Harris

Intro: 32 counts. Start on Lyrics.

**Count: 32** 

SIDE, TOUCH, CLAP,	SIDE, TOUCH, ¼ R COASTER, ½, ½ TOG, LOOK RIGHT-BEND BACK-SNAP, LOOK FWD-
1&2&	Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,
3&4	1/4 R Coaster step turning left, (Prep), [9:00],
5&6	1/2 Turn right, stepping L back, 1/2 Turn right, stepping R fwd, Step L next to R,
7-8	Look right as you bend upper body back & Snap fingers by hips(7), Look forward & Straighten up(8),

#### R COASTER, SCUFF L, HITCH L, STOMP, ¼ RIGHT TWISTING HEELS, BUMP R, BUMP L,

- 1&2 R Coaster Step,
- 3&4& Scuff L, Hitch L, Stomp L, Twist both heels to left side make ¼ right, (Bump), [12:00]
- 5&6 Continue to twist both heels, R,L,R,L,R,L,R,L, moving slightly left, transferring weight to L, (Add Bumps),
- 7-8 Bump R, Bump L,

#### (Option – Don't do Bumps. Instead keep twisting heels on counts &7&8)

#### BIG STEP TO R, LONG WEAVE , CROSS, 1/4, 1/4,

- 1 Take a big step to right on R,
- 2&3& Step L behind R, Step R to side, Step L across R, Step R to right side,
- 4&5 Step L behind R, Step R to right side, Step L across R,
- 6-8 Cross R over L, ¼ right, stepping L back, ¼ right, stepping R out to side, [6:00]

## ROCK OUT, RECOVER, BALL, ROCK OUT, RECOVER, $\frac{1}{4}$ ROCK BACK ON R, RECOVER FWD ON L, $\frac{1}{2}$ ,

- 1⁄2,
- 1-2& Rock L out to left side, Recover on R (out), Step L next to R,
- 3-4 Rock R out to right side, Recover on L (out),
- 5-6 1/4 right, Rock back on R [9:00], Recover stepping fwd on L,
- 7-8 <sup>1</sup>/<sub>2</sub> turn left, stepping back on R [3:00], <sup>1</sup>/<sub>2</sub> turn left, forward on L [9:00], (or Walk, Walk).

### Start over!

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Wand

Wand: 4