It's Sad But It's True

Count: 32

Ebene: Intermediate

Choreograf/in: Katja Østerby (DK) & Julie Englund Hansen (DK) - September 2017 Musik: Too Good at Goodbyes - Sam Smith

| Intro: 32 counts (start on the word 'I'm') | |
|--|--|
| Side R, Back Rock L, Side L, Back Rock R, Walk RL, Anchor Step R, | |
| 1-2& | Step R to R side (1), rock L behind R (2) recover onto R (&) |
| 3-4& | Step L to L side (3), rock R behind L (4), recover onto L (&) |
| 5-6 | Step R forward (5), Step L forward (6) |
| 7&8 | Step R behind L in 3rd Position (7), step down onto L (&), step back on R (8) |
| Turn 1∕₂ Over L shoulder x3, Lock Forward R, Rock L Fwd, Step R Back | |
| 1-2-3 | 1/2 turn over L stepping forward onto L (1), $1/2$ turn over L steeping back onto R (2), $1/2$ turn over L stepping forward onto L (3) |
| 4&5 | Step R forward (4), lock L behind R (&), step R forward (5) |
| 6-7-8 | Rock L forward (6), recover back onto R (7), step L back grinding R heel (8) |
| * Restart here during wall 3 | |
| R Back With A B | Body Roll And Snap, R Fwd, ${\mathcal V}_2$ Over L Shoulder x2, ${\mathcal V}_4$ Over L shoulder, Sailor Step L |
| 1-2 | Touch R back (1), do a body roll stepping down onto R clicking R fingers back as you look back over your R shoulder (2) |
| 3-4 | Step L forward (1), 1/2 turn over L stepping back onto R (4) |
| 5-6 | 1/2 over L stepping L fwd (5), $1/4$ turn over L stepping R to R side (6) |
| 7&8 | Step L behind R (7), step R to R side (&), step L to L side (8) |
| Behind Side Fwd R, Step $\frac{1}{2}$ Over R Shoulder, $\frac{1}{2}$ Over R Hitching R Knee, R Behind, $\frac{1}{4}$ L Over L Shoulder, $\frac{1}{2}$ Over L Shoulder x2 | |
| 1&2 | Step R behind L (1), step L to L side (&), step R forward (2) |
| 3-4 | Step L forward (3), 1/2 over R stepping down onto R (4) |
| 5-6-7 | 1/2 over R stepping back onto L hitching R knee (5), step R behind L (6), $1/4$ over L stepping forward onto L (7) |
| 8& | $^{1/2}$ over L stepping back onto R (8), $^{1/2}$ over L stepping L forward (&) |
| After completing Wall 1 ADD an extra 1/4 turn over L to begin the dance again on every wall. | |
| *Restart: in wall 3, after 16 counts | |

Ending wall 9 starts on 9 o'clock, do the 32 counts then add 1/2 over L shoulder sweeping L 1/4 over L shoulder to finish the dance towards 12 o'clock (note: the music slows down during this wall, slow down the last 8 counts of the dance)

Last Update - 9th March 2018





Wand: 4