

Eat, Sleep, Love, Repeat

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 4

Ebene: High Beginner

Choreograf/in: Dave Morgan (UK) - September 2017

Musik: Eat Sleep Love You Repeat - Rodney Atkins : (iTunes)



Section 1: SIDE TOGETHER, SHUFFLE FORWARD, ROCK RECOVER, CHASSE ¼ TURN

- 1,2 Step left to left side. Step right beside left.
- 3&4 Step left forward, Step right beside left, Step left forward. (Shuffle)
- 5,6 Rock forward on right. Recover on left.
- 7&8 Making ¼ turn right. Step right to right side. Step left beside right. Step right to right side. (Chasse) Facing 3 O'Clock.

Section 2: ROCK RECOVER, COASTER STEP. ROCK RECOVER, COASTER STEP

- 9,10 Rock forward on left. Recover on right.
- 11&12 Step back on left. Step right beside left. Step left forward.
- 13,14 Rock forward on right. Recover on left.
- 15&16 Step back on right. Step left beside right. Step right forward.

Section 3: Pivot 1/8th, Pivot 1/8th, WEAVE & POINT

- 17,18 Step forward on left. Pivot 1/8th turn right.
- 19,20 Step forward on left. Pivot 1/8th turn right. (facing 6 O'Clock)
- 21,22 Step left across right. Step right to right side.
- 23,24 Step left behind right. Point right to right side.

Section 4: WEAVE & POINT, JAZZ BOX ¼ TURN

- 25,26 Step right across left. Step left to left side.
- 27,28 Step right behind left. Point left to left side.
- 29,30 Step left across right. Making ¼ turn left, Step back on right.
- 31,32 Step left to left side. Step right beside left.

NOTES:-

There is 1 Restart on wall 3.

Dance the first 16 counts and Restart the dance. (Rock, Recover, Coaster)

You will be facing 9 O'Clock Wall.
