Count: 48
Wand: 2 Ebene: Improver
Choreograf/in: Lisa McCammon (USA) - October 2017
Musik: One Woman I Need (feat. The Texas Horns) - Anson Funderburgh \& The Rockets: (CD: Which Way Is Texas)

\#16 count intro; start with weight on $L$
Country options:
Dance Off My Blues by Dan Albro; CD Dan Albro \& Sons, 112 bpm; 32 count intro (during instrumental) or Sun Don't Let Me Down by Keith Urban, CD Ripcord, 112 bpm; 24 count intro

S1: STEP, TURN RIGHT ½, BACK-LOCK-BACK, BACK ROCK, RECOVER, TRIPLE FORWARD
1-2 Step forward $R$, turn right $1 / 2$ [6] stepping back $L$
3\&4 Step back $R$, cross $L$, step back $R$
5-6 Rock back $L$, recover $R$
7\&8 Step forward L, close R, step forward L
S2: STEP, POINT, STEP, POINT; SYNCOPATED JAZZ BOX ¼ RIGHT-CROSS, POINT
1-4 Step forward $R$, point $L$ to side, step forward $L$, point $R$ to side
5-6 Cross $R$, step back $L$
\& Turn right $1 / 4$ [9] stepping $R$ to side
7-8 Cross $L$, point $R$ to side
(Repeat the first 8 counts--this always happens facing a side wall.)
S3: STEP, TURN RIGHT ½, BACK-LOCK-BACK, BACK ROCK, RECOVER, TRIPLE FORWARD
1-2 Step forward $R$, turn right $1 / 2$ [3] stepping back $L$
3\&4 Step back $R$, cross $L$, step back $R$
5-6 Rock back $L$, recover $R$
7\&8 Step forward L, close R, step forward L

S4: FORWARD ROCK, RECOVER, SIDE ROCK, RECOVER; SAILOR STEP, COASTER ¼ LEFT
1-4 Rock forward $R$, recover $L$, rock side $R$, recover $L$
5\&6 Step $R$ behind, step $L$ to side, step $R$ to side
7\&8 Turn left $1 / 4$ [12] stepping back $L$, close $R$, step forward $L$ ***OPTIONAL RESTART
S5: STEP, TURN LEFT ½, HIP BUMP RLR, HIP BUMP LRL, STEP, TAP
1-2 Step forward $R$, turn left $1 / 2$ [6] (this is your new wall)
3\&4 Stepping $R$ slightly forward, bump hips forward-back-forward, ending weight $R$
5\&6 Stepping L slightly forward, bump hips forward-back-forward, ending weight $L$
7-8 Step forward $R$, tap $L$ toes at $R$ heel (open slightly to left diagonal)

S6: BACK, TOUCH, BACK, TOUCH; COASTER STEP, OUT-OUT-IN-IN
1-4 Step $L$ back to left diagonal, touch $R$ home; step $R$ back to right diagonal, touch $L$ home
5\&6 Squaring to wall, step back $L$, close $R$, step forward $L$
\&7 Step $R$ to side, step $L$ to side
\&8 Step $R$ in, step $L$ in
***The Restarts aren't strictly necessary, so less experienced dancers may prefer to dance through six repetitions of 48 counts each, and will end at 12:00. However, dancers more attuned listening while they dance May prefer to restart after 32 counts during the 3rd and 4th repetitions. The short patterns always start and end at 12:00. With the restarts, the dance ends at the front during the 7th repetition after 32 counts. The restarts will bump the difficulty slightly up.

Sequence with Restarts: 16; 48, 48, 32, 32, 48, 48, 32.
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