Jabi Basic 1



Count: 256 Wand: 1 Ebene: Absolute Beginner

Choreograf/in: Sunny Jeong (KOR) - October 2017

Musik: Swallow (제비) - Kim Gun Mo (김건모)



Intro: 48 (16+32)
Bridge Sec.: 32Count
Ending Sec.; 3Count

[INTRO SECTION]: 32 Counts (Sec.1) STEP SIDE, HIP BUMP

1-2 Step right side and bump right hip side, bump left hip side.
3&4 Bump right hip side, bump left hip side, bump right hip side.

5-6 Bump left hip side, bump right hip side.

7&8 Bump left hip side, bump right hip side, bump left hip side.

(Sec.2) HIP BUMP

1-2 Bump right hip side, bump left hip side.

3&4 Bump right hip side, bump left hip side, bump right hip side.

5-6 Bump left hip side, bump right hip side.

7&8 Bump left hip side, bump right hip side, bump left hip side.

(Sec.3) REPEAT (Sec.2)

(Sec.4) HIP BUMP, TOUCH TOE TOGETHER

1-2 Bump hip right, bump hip left.

3&4 Bump hip right, bump hip left, bump hip right.

5-6 Bump hip left, bump hip right.

7&8 Bump hip left, bump hip right, touch right toe together.

[WORK PART 1]

(Sec.1) SIDE, TOE Touch Toe TOGETHER

1-2 Step right side, touch left toe together
3-4 Step left side, touch right toe together
5-6 Step right side, touch left toe together
7-8 Step left side, touch right toe together

(Sec.2) Repeat (Sec.1)

(Sec.3), STEP SIDE, STEP TOGETHER, TOUCH TOE TOGETHER (CLAP)

1-2 Step right side, step left together.

3-4 Step right side, touch left toe together (Clap).

5-6 Step left side, step right together.

7-8 Step left side, touch right toe together (Clap).

(Sec.4) Repeat (Sec.3)

[WORK PART 2]

(Sec.1) SHUFFLE, ROCK BACK, RECOVER

1&2 Step right side, step left together, step right side.

3-4 Rock left back, recover to right.

5&6 Step left side, step right together, step left side.

7-8 Rock right back, recover to left.

```
(Sec.2), (Sec.3), (Sec.4);
Repeat (Sec.1)
[WORK PART 3]
(Sec.1) SIDE, FORWARD BACK MAMBO STEP
1&2
               Rock right side, recover to left, step right together.
3&4
               Rock left side, recover to right, step left together.
5&6
               Rock right forward, recover to left, step right together.
7&8
               Rock left back, recover to right, step left together.
(Sec.2), (Sec.3), (Sec.4);
Repeat (Sec.1)
[WORK PART 4]
(Sec.1) SHUFFLE BACK, STEP TOGETHER
1&2
               Forward Shuffle R-L-R,
3-4
               Step lock left Forward, Step right Recover
5&6
               Backward Shuffle L-R-L
7-8
               Step lock Right back, Step Left Recover
(Sec.2), (Sec.3), (Sec.4);
Repeat (Sec.1)
[BRIDGE SECTION] :32Count
- Repeat [INTRO SECTION]
[WORK PART 5]
(Sec.1) JAZZ BOX, Tgether
               Cross right over left, step left side, step right back, step left Beside Right.
(Sec.2)JAZZ BOX, Together, Toe Touch
               Cross right over left, step left side, step right back, Step toe Touch left Beside Right.
1-8
(Sec.3): Repeat (Sec.1)
(Sec.4): Repeat (Sec.2),
[WORK PART 6]
(Sec.1) RIGHT VINE, TOUCH TOE TOGETHER
1-2-3-4
               Step R to R, L step behind R, R step to R, L Toe Touch step beside R (Clap)
               Step L to L, R step behind L, L step to L, R Toe Touch step beside L (Clap)
5-6-7-8
(Sec.2), (Sec.3), (Sec.4);
Repeat (Sec.1)
[WORK PART 7]
(Sec.1)RIGHT & LEFT SWIVEL HEELS & TOES
1-2
               Swivel heels to right, swivel toes to right
3-4
               Swivel heels to right, swivel toes to right
5-6
               Swivel heels to left, swivel toes to left
7-8
               Swivel heels to left, swivel toes to left
(Sec.2), (Sec.3), (Sec.4);
Repeat (Sec.1)
[WORK PART 8]
(Sec.1) STEP DIAGONAL FORWARD & SIDE, STEP BACK & TOGETHER
               Step right diagonally forward (with turning hip and upper body right).
```

2 step left diagonally side (with turning hip and upper body left).

3-4 Rock right back, step left together.

5 Step right diagonally forward (with turning hip and upper body right).

6 step left diagonally side (with turning hip and upper body left).

7-8 Rock right back, step left together.

(Sec.2), (Sec.3), (Sec.4); Repeat (Sec.1)

[ENDING SECTION]; 3Count SWIVEL HEELS TO RIGHT, HOLD

1-2-3 Swivel heels to Right, to center, hold.

Happy Dance

Contact Sunny Jeong: hani3756@gmail.com