Soul Train

Count: 32

Ebene: Improver / Intermediate

Choreograf/in: Annette Skaff (CAN) - October 2017 Musik: Soul Train - Johnny Reid

Intro: 32 Counts

RIGHT KNEE ROLL, DIAGONAL SHUFFLE LEFT, RIGHT KNEE ROLL, DIAGONAL SHUFFLE LEFT

- 1.2 Touch right toe beside left and roll right knee clockwise putting weight on right
- 3&4 Shuffle left, right, left, to left diagonal
- 5,6 Touch right toe beside left and roll right knee clockwise putting weight on right
- 7&8 Shuffle left, right, left, to left diagonal

(Restart here during wall 9 on the front wall)

LINDY RIGHT, VINE LEFT WITH ¼ TURN LEFT AND BRUSH

- 1&2 Side shuffle right, left, right
- 3.4 Rock back left, recover right
- 5-8 Step side left, cross right behind, turn ¼ stepping forward left, brush right foot

(Harder alternative for counts 5-8: Make 1 ¼ turn left)

RIGHT JAZZ BOX STEPPING FORWARD, TWO HEEL BOUNCES MAKING ½ TURN RIGHT, RIGHT COASTER BACK

- 1-4 Cross right over left, step back left, step side right, step forward left
- 5,6 Turn ¼ right lifting both heels, turn ¼ right lifting both heels (weight ends on left)
- 7&8 Step back right, step together on left, step forward right

LEFT STRUT, RIGHT TOUCH BALL STEP, RIGHT TRAIN

- 1,2 Touch left toe forward, step on left
- 3&4 Touch right toe beside left, step together on right, step forward on left
- Rock forward right, recover left, rock back right recover left 5-8

Restart: On wall 9 (front wall) restart after dancing the first 8 counts

Ending: Last sequence (14th) starts at the front wall. Dance up to count 16 touching right toe beside left not making 1/4 turn left.

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Wand: 4