# **Lights Down Low**



Count: 80 Wand: 2 Ebene: Phrased Intermediate

Choreograf/in: Guyton Mundy (USA) & Rebecca Lee (MY) - November 2017

Musik: Lights Down Low - MAX



Start dance after 16 counts – Seq. : AB AB AB(16count) B(12'00) A(6.00)

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A1: STEP. ROCK BACK	ROCK FORWARD	TOUCH 1/4 TURN	SLOW HITCH FL	ICK
AI. SILF. NOCK DACK	. INCON I CINVAND	. I OOOI I. 72 I OIXIX.	OLOVV I II I OI I. I L	-101

12& Step R to R side (1), Rock L behind R (2), Recover R (&)

3&4& Rock L forward (3), Recover R (&), Touch L back while bringing both arms in with palm facing

chest (4) ½ turn L Step L (&)

5,6 Rock L with open arms as if presenting (5) recover weight on R bringing R arm to chest and L

arm to navel (6),

&7,8 Bring R arm down to navel while bringing L arm to chest in a rolling motion (&), Slowly hook L

foot in front of R knee while bringing R arm back to chest and L arm to navel in a rolling

motion (7), Flick L to L side (8)

#### A2: STEP SWEEP, CROSS BACK BACK, COASTER STEP, ARM REACH, BACK WALK, LEAN

1 Step L sweep R front (1)

2&3 Cross R over L (2), Step L to L back diagonally (&), Step R back diagonally (3) facing 7.30

4&5 Step L back (4), Step R next to L (&), Step L forward (5) facing 7.30

Extend R arm upward (6), Extend L arm upward (&), Pull both arm to the chest (7.30)

Step L back (8), Step R back (&), Step L back with upper body lean back (1) 7.30

#### A3: BODY SWAY, DIAMOND STEPS,

2&3 Body sway forward (2), Body sway back (&), Step R forward with sweeping L over R (3)

4&5 Cross L over R (4), 1/8 turn L Step R back (&), 1/8 turn step L back (5) (4.30)
6&7 Step R back (6), 1/8 turn L Step L to L (&), 1/8 turn L Cross R over L (7) (1.30)

8&1 Cross L over R (8), 1/8 turn L Step R to R(&), Cross L back with R sweep front to back

(1)(12.00)

## A4: TOUCH, TOUCH HITCH, CROSS 1/4 TURN STEP, 1 1/4 TURN STEP

2&3 Touch R behind L (2), Touch R to R side with scuff on the (&), Hitch R (3)

4,5 Cross R over L (4), ¼ turn L Step L forward (5),

6 1 1/4 turn L with hook R behind L knee (6)

7,8& Step L to L side(7), Rock R behind L (8), Recover L (&)

# A5: STEP (ARM MOVEMENT), FULL TURN L, STEP TOGETHER, HEAD LOOK L

1&2 Step L to L diagonal with R arm reach up (1), Reach L arm up (&), Pull both arm to chest (2)

(4.30)

3&4 Extend R arm to R side (7.30), Place L hand to R shoulder (&), Full Turn L while bring the R

arm in and place R hand in front of L hand (looking like a X)(4) (3.00)

Roll both hand in toward the chest (5), Roll it out with both palm facing out (6)

7&8 Step R forward (7), Step L next to R (&) Head look to L (8) (3.00)

#### A6: WALK BACK, ¾ TURN L, BODY SWAY, ROCK BACK, PREP

1,2&3 Step L back (1), Step R back (2), Step L back(&) ¼ turn L cross R over L (3) 4&5 ½ turn L step L to L side with body sway (4), R body sway (&), L body sway (5)

6& Rock R behind L (6), Recover L (&)

7,8 Step R to R and slightly rotate the upper body to R side to prepare for L rolling vine turn

#### PART B (32Count)

#### B1: L ROLLING VINE, ARM MOVEMENT (DRAW THE ZORRO Z)

1&2 Recover L turning ¼ turn L into L (1), ½ turn L step R back on R (&), ¼ turn L step L to L with

R arm extend to diagonal L (2) (6.00)

3&4& Slide the R arm to R diagonally down (3), Slide R arm to L diagonally down (&) , Slide R to R

side (4) Bring the R arm straight up as if reaching for the light bulb

5,6 Twist the R hand to forward twice as if unscrewing the light bulb

7,8 Bring R arm across the body to L side, Bring R elbow back to R side with stepping R to R

side

#### B2: ROCK BACK, ¼ TURN STEP, ½ TURN PIVOT, ARM MOVEMENT, ROCK BACK, STEP

1&2	Rock L behind R (1), Recover R (&), 1/4 turn L step L forward (2	)
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3&4 Step R forward (3), ½ turn pivot L bring the R arm place R hand to the mouth (&), bring L

hand place it over R hand (4),

5,6 Slowly bring both hand down to the chest while slowly bend the knee to a sitting position

7,8 Rock R back with extend both arm forward (7), Recover L with pull both arm toward the chest

(8)

On wall 3 count 7,8 make a 1/4 turn R and prep for restart facing 12'00

#### B3: STEP SWEEP X3, ROCK ½ TURN, 1 ¼ TURN L, PREP

1,2,3 Step R sweep L forward (1), Step L sweep R forward (2), Step L sweep R forward (3)

Rock R forward (4), Recover L (&), ½ turn L step L forward (5) (9.00)

turn L step R back, ½ turn L step L forward, ¼ turn L step R to R side

8 Prep body to R

### B4: L ROLLING VINE, ARM MOVEMENT (DRAW THE ZORRO Z), ARM WAVE

1&2 Recover L turning ¼ turn L into L (1), ½ turn L step R back on R (&), ¼ turn L step L to L with

arm extend to diagonal L (2) (6.00)

3&4& Slide the R arm to R diagonally down (3), Slide R arm to L diagonally down (&), Slide R arm

to R side (4) Bring the R arm straight up as if reaching for the light bulb(&)

5,6 Twist the R hand forward twice as if unscrewing the light bulb

7,8 Snake R arm from R to L twice across body transfer weight to L on last snake arm