Lonely Drum Drum Drum

Ebene: Improver

Choreograf/in: Val Saari (CAN) - November 2017 Musik: Lonely Drum - Aaron Goodvin

S1: CROSS ROCK/SIDE SHUFFLE, LEFT & RIGHT/ PIVOT 1/4 LEFT

1,2,3&4 Cross RF over LF, Recover LF, Shuffle RIght (right-left-right)

Wand: 2

5,6,7&8 Cross LF over RF, Recover RF, Shuffle Left (left-right-left pivot 1/4 left)

S2: STEP-PIVOT 1/4 LEFT TWICE, KICKBALL CHANGE, STOMP, STOMP

- 1-2 Step RF forward, Pivot 1/4 turn left (weight on left)
- 3-4 Step RF forward, Pivot 1/4 turn left (weight on left)
- 5&6 Kick RF forward, Step RF together, Step LF together
- 7,8 Stomp RF, Stomp LF

Count: 64

S3: CROSS ROCK/SIDE SHUFFLE, LEFT & RIGHT WITH PIVOT 1/4 LEFT

- 1,2,3&4 Cross RF over LF, Recover LF, Shuffle RIght (right-left-right)
- 5,6,7&8 Cross LF over RF, Recover RF, Shuffle Left (left-right-left pivot 1/4 left)

S4: STEP-PIVOT 1/4 LEFT TWICE, KICKBALL CHANGE, STOMP, STOMP

- 1-2 Step RF forward, Pivot 1/4 turn left (weight on left)
- 3-4 Step RF forward, Pivot 1/4 turn left (weight on left)
- 5&6 Kick RF forward, Step RF together, Step LF together
- 7,8 Stomp RF, Stomp LF

S5: RUMBA BOX

- 1,2,3&4 Step RF to right, Step LF together, Step RF back, Step LF together, Step RF beside Left
- 5,6,7&8 Step LF to Left, Step RF together, Step LF forward, Step RF together, Step LF beside Right

S6: CROSS ROCK/SIDE SHUFFLE, LEFT & RIGHT

- 1,2,3&4 Cross RF over LF, Recover LF, Shuffle RIght (right-left-right)
- 5,6,7&8 Cross LF over RF, Recover RF, Shuffle Left (left-right-left)

S7: TOE/HEEL FORWARD X 4

- 1-4 Step RF forward on toe, Step down on heel/ Step LF forward, Step down on heel
- 5-8 Step RF forward on toe, Step down on heel/ Step LF forward, Step down on heel

S8: SHUFFLE BACK X 4

- 1&2, 3&4 Shuffle back (right-left-right), Shuffle back (Left-right-left)
- 5&6, 7&8 Shuffle back (right-left-right), Shuffle back (Left-right-left)

BEGIN AGAIN!

Contact: valeriesaari@icloud.com



