# In Our Blood

**Count:** 64

Ebene: Intermediate

Choreograf/in: Robbie McGowan Hickie (UK) - January 2018

Musik: In Our Blood - Tyrone Wells : (CD: Roll With It - iTunes & www.amazon.co.uk)

| #16 Count intro |   |
|-----------------|---|
| S1: 2 x Walks   | Back. Right Coaster Cross. Side Rock. Recover. Diagonal Shuffle Forward.                              |
| 1 – 2           | Walk back on Right. Walk back on Left.  |
| 3&4             | Step back on Right. Step Left beside Right. Cross step Right over Left.                               |
| 5 – 6           | Rock Left out to Left side. Recover weight on Right (Turning to Face Right Diagonal)                  |
| 7&8             | Left shuffle Diagonally forward Right, stepping Left. Right. Left.                                    |
|                 | ock. Behind & Cross. Side Step Left. Drag. Ball-Cross. Side Step Right.                               |
| 1 – 2           | Rock forward on Right. Rock back on Left.   |
| 3&4             | Cross Right behind Left. Step Left to Left side. Cross Right over Left. (Straighten up to 12 o'clock) |
| 5 – 6           | Long step Left to Left side. Drag Right towards Left. (Weight on Left)                                |
| &7 – 8          | Step ball of Right beside Left. Cross step Left over Right. Long step Right to Right side.            |
| S3: Left Sailor | 1/4 Turn Left. 2 x 1/2 Turns Left. Forward Rock & Back Rock.  |
| 1&2             | Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.           |
| 3 – 4           | Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.               |
| 5 – 6           | Rock forward on Right. Rock back on Left.   |
| &7 – 8          | Step ball of Right beside Left. Rock back on Left. Rock forward on Right. (Facing 9 o'clock)          |
| S4: Step. Pivot | t 1/4 Turn Right. Left Cross Shuffle. Chasse 1/4 Turn Right. Step. Pivot 1/2 Turn Right.              |
| 1 – 2           | Step forward on Left. Pivot 1/4 turn Right. (Facing 12 o'clock)                                       |
| 3&4             | Cross step Left over Right. Step Right to Right side. Cross step Left over Right.                     |
| 5&6             | Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.     |
| 7 – 8           | Step forward on Left. Pivot 1/2 turn Right. (Facing 9 o'clock)  |
| S5: Dorothy St  | ep Forward (Left & Right). Forward Rock. Triple Step Full Turn Left.                                  |
| 1 – 2&          | Step Left Diagonally forward Left. Lock Right behind Left. Step Left Diagonally forward Left.         |
| 3 – 4&          | Step Right Diagonally forward Right. Lock Left behind Right. Step Right Diagonally forward Right.     |
| 5 – 6           | (Straighten up to 9 o'clock) Rock forward on Left. Rock back on Right.                                |
| 7&8             | Left triple step Full turn Left (On the Spot) stepping Left. Right. Left.                             |
| S6: Cross. Side | e Step Left. Right Sailor Cross 1/2 Turn Right. Side Step Left. Together. Left Shuffle Forward.       |
| 1 – 2           | Cross step Right over Left. Step Left to Left side.   |
| 3&4             | Cross Right behind making 1/2 turn Right. Step Left beside Right. Cross step Right over Left.         |
| 5 – 6           | Long step Left to Left side. Close Right beside Left.   |
| 7&8             | Left shuffle forward stepping Left. Right. Left. (Facing 3 o'clock)                                   |
| S7: Forward R   | ock. Right Shuffle Back. 2 x 1/2 Turns Left. Left Sailor Step.  |
| 1 – 2           | Rock forward on Right. Rock back on Left.   |
| 3&4             | Right shuffle back stepping Right. Left. Right.   |
| F C             | Make 4/2 turns Left steaming featured and left. Make 4/2 turns Left steaming healt on Dight           |

- 5 6 Make 1/2 turn Left stepping forward on Left. Make 1/2 turn Left stepping back on Right.
- 7&8 Sweep/Cross Left behind Right. Step Right beside Left. Step Left to Left side. (Facing 3 o'clock)



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Wand: 2

# S8: Cross Rock. Rolling Vine 1&1/4 Turn Right. Forward Rock. Left Lock Step Back.

- 1 2 Cross rock Right forward over Left. Rock back on Left.
- 3& Make 1/4 turn Right stepping forward on Right. Make 1/2 turn Right stepping back on Left.
- 4 Make 1/2 turn Right stepping forward on Right. (Facing 6 o'clock)
- 5 6 Rock forward on Left. Rock back on Right.
- 7&8 Step back on Left. Lock step Right across Left. Step back on Left.

#### Start Again

## Tag: 8 Count : End of Wall 2 & Wall 4 (Facing 12 o'clock)

## Back Rock. Right Shuffle 1/2 Turn Left. Back Rock. Left Shuffle 1/2 Turn Right.

- 1 2 Rock back on Right. Rock forward on Left.
- 3&4 Right shuffle making 1/2 turn Left stepping Right. Left. Right.
- 5 6 Rock back on Left. Rock forward on Right.
- 7&8 Left shuffle making 1/2 turn Right stepping Left. Right. Left.