The First



Count: 64 Wand: 2 Ebene: Improver

Choreograf/in: Laurent Chalon (BEL) - January 2018

Musik: Your One and Only - Jim Devine



Intro: 36 counts

Section1: Kick, kick, Step back, hold, Slow Coaster Step, Scuff

1 RF Kick forward 2 RF Kick forward 3 RF Step back 4 Hold

5 LF Step Back 6 RF Next to LF 7 LF Step Forward

8 RF scuff

Section 2: Jump Rock Cross, Side Step, Jump Rock cross, Side Step, Stomp Fwd, Stomp Fwd

1 RF+LF Rock cross RF forward LF + Hook LF

2 LF+RF Recover on LF + Kick RF

3 RF To the right

4 LF+RF Rock cross LF, forward RF + Hook RF

5 RF+LF Recover on RF + kick LF

6 LF To the left 7 RF Stomp forward 8 LF Stomp forward

Section 3: Heel Fwd, Heel Fwd, Step back, hold, Slow Coaster Step, Scuff

1 RF Heel forward 2 RF Heel forward 3 RF Step back 4 Hold

5 LF Step Back 6 RF Next to LF 7 LF Step Forward

8 RF scuff

Section 4: Rock Fwd 1/2 turn, Step, Hold, Step pivot 1/2 turn, Step, Scuff

1 RF Rock Forward

2 LF Recover on LF with 1/2 turn to the right

3 RF Forward

4 Hold

5 LF Step Forward 6 ½ turn to the right 7 LF Step forward 8 RF Scuff*

*Wall6: Tag 2

Section 5: Vine, scuff, Side, Scuff, Side, Scuff

1 RF To the right 2 LF behind RF 3 RF To the right

| 4 | LF scuff |
|-----------------------|--|
| 5 | LF To the left |
| 6 | RF scuff |
| 7 | RF To the right |
| 8 | LF scuff |
| Section 6: Vi | ne 1/4 turn, Hold, Step pivot 1/2 turn, Toe Strut 1/2 turn |
| 1 | LF To the left |
| 2 | RF Behind LF |
| 3 | LF 1/4 turn to the left, step forward |
| 4 | Hold |
| 5 | RF Step Forward |
| 6 | 1/2 turn to the left |
| 7-8 | RF Toe strut 1/2 turn to the left |
| | ow Sailor Step 1/4 turn, Hold, Rock Fwd, Step Fwd, Hold |
| 1-2-3 | LF Sailor step 1/4 turn to the left |
| 4 | Hold |
| 5 | RF Rock forward |
| 6 | LF Recover |
| 7 | RF Back |
| 8 | Hold |
| Section 8: St | tep Lock Step Back, Hold, Rock back + Kick, Stomp Fwd, Stomp Fwd |
| 1-2-3 | LF Step Lock Step back |
| 4 | Hold |
| 5 | RF+LF Rock Back RF + Kick LF |
| 6 | LF Recover |
| 7 | RF Stomp forward |
| 8 | LF Stomp forward |
| Tag n°1 | |
| | f walls 1, 3 and 5 (x2) |
| _ | ion 1: Rocking chair, Kick, Flick 1/2 turn, Kick, Flick RF Rock forward |
| 1-2 | |
| 3-4 | RF Rock back |
| 5 | RF Kick |
| 6 | RF+LF 1/2 turn to the left, recover on RF + Flick LF |
| 7 8 | LF Kick LF+RF Recover on LF + Flick RF |
| | |
| Tag 1 - Sect i | ion 2: Rocking chair, Kick, Flick 1/2 turn, Kick, Flick RF Rock forward |
| 3-4 | RF Rock back |
| 5 | RF Kick |
| | |
| 6 | RF+LF 1/2 turn to the left, recover on RF + Flick LF LF Kick |
| 7 | |
| 8 | LF+RF Recover on LF + Flick RF |
| Tag n°2 | 00 |
| Wall 6, after | |
| 1 ag 2: Side, | Stomp up, Side, Stomp Up RF To the right |
| 2 | LF Stomp Up next to RF |
| 3 | LF The the left |
| 5 | LI THE HEIGH |

4 RF Stomp Up next to LF

Restart after Tag

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