Country Bumpkin



Count: 48 Wand: 4 Ebene: Intermediate

Choreograf/in: Tracy Walters (CAN) - March 2018

Musik: I'm from the Country - Tracy Byrd



Walk Forward and Back

1-4. Take 3 steps forward (right, left, right), stomp left foot5-8. Take 3 steps back (left, right, left), stomp right foot

Chasse Right and Left

9&10&11, 12. Step right foot to the side, step left foot next to right foot, step right foot to the side, step left

foot next to right foot, step right foot to the side, tap left heel forward on a diagonal

13&14&15, 16. Step left foot to the side, step right foot next to left foot, step left foot to the side, step right

foot next to left foot, step left foot to the side, Tap right heel forward on a diagonal

Jump Out, Jump In, Cross, ½ Turn, Hold, Clap

&17-18. Step right foot out to side, step left foot to the side, clap

&19-20. Step right foot in (back to center), step left foot in (back to center, feet are now together), clap

21. Step right foot across left foot

22. On balls of feet, make a ½ turn to left

23. Hold24. Clap

&25-26. Step right foot to the side, step left foot to the side (feet are apart), clap

&27-28. Step right foot in (back to center), step left foot in (back to center, feet are together), clap

29. Step right foot across left foot

30. On balls of feet, make a ½ turn to left

31. Hold32. Clap

Shoulder Drops, Hip Circles

33&34. (With hands in front of you, hands in a fist, and elbows at your sides), drop right shoulder,

drop left shoulder, drop right shoulder

35&36. (With hands in front of you, hands in a fist, and elbows at your sides), drop left shoulder, drop

right shoulder, drop left shoulder.

37-40. Rotate hips twice from right to left, end with weight on left foot

Grapevines

41. Step right foot to the side
42. Step left foot behind right foot
43. Step right foot to the side
44. Stomp left foot next to right foot

44. Storip left foot flext to right i

45. Step left foot the side

46. Step right foot behind left foot

47. Step left foot to the side, making a ¼ turn to the left

48. Stomp right foot next to left foot

Begin Again!