How Long Oooh-Ooh-Oh Samba

Ebene: Intermediate

Choreograf/in: Val Saari (CAN) - March 2018

Musik: How Long - Charlie Puth : (iTunes)

SAMBA WALKS FORWARD

Count: 32

- 1 a2 Step RF forward, Step ball of LF beside R heel, Step RF forward
- Step LF forward, Step ball of RF beside L heel, Step LF forward 3 a4
- Step RF forward, Step ball of LF beside R heel, Step RF forward 5 a6
- Step LF forward, Step ball of RF beside L heel, Step LF forward 7 a8

WALK BACK X 3 (R,L,R) KICK LF, WALK BACK X 2 (L,R) LF MAMBO BACK

- 1-2 Step RF back, Step LF back
- 3-4 Step RF back, Kick LF forward
- 5-6 Step LF back, Step RF back
- 7&8 Rock LF back, Recover RF, Step LF together

R SCISSORS, SAMBA ROCK-RECOVER, L SCISSORS, SAMBA ROCK-RECOVER

- 1-2 RF Step R, LF Recover
- 3 a4 RF crosses LF, Cross ball of LF behind as rock back, Recover RF
- 5-6 LF Step L, RF Recover
- 7 a8 LF crosses RF, Cross ball of RF behind as rock back, Recover LF

TRAVELLING SAMBA-LOCK X 2, STEP PIVOTS 1/4 L X 2

- Step RF forward, Lock LF toe back R, Step RF forward, hold 1 a2
- Step LF forward, Lock RF toe back L, Step LF forward, hold 3 a4
- 5-6 Step RF forward, Pivot 1/4 turn left (weight on left)
- Step RF forward, Pivot 1/4 turn left (weight on left) 3-4





Wand: 2