# Mr Postman

**Count: 32** 

Ebene: Beginner

Choreograf/in: Agus Harianto (INA) - March 2018

Musik: Please Mr. Postman - Carpenters

Intro 16 counts - No Tag, No Restart

## Section 1: CHASSE RIGH – ROCK BACK – CHASSE LEFT – ROCK BACK

- 1&2 Step RF to R, Close LF to RF. Step RF to R
- 3-4 Rock back on LF, recover RF
- 5&6 Step LF to L, close RF step LF step LF to L
- 7-8 Rock back on RF, recover on to LF

## Section 2: TOE STRUTS - STEP PIVOT 1/4 LEFT, CROSS SHUFFLE

- 1-2 Touch RF to forward, drop R heel putting weigh on R.
- 3-4 Touch LF to forward, drop L heel putting weigh on L
- 5-6 Step forward RF, turn 1/4 L weight on LF
- 7&8 Step cross RF over LF, step LF to L side, step cross RF over LF (09.00)

## Section 3: SIDE ROCK – BEHIND SIDE CROSS, PADDLE1/8 2X

- 1-2 Step LF to L, recover on to RF
- 3&4 Step LF behind RF, step RF to R, step LF cross over RF
- 5-6 Step RF to R, turn 1/8 R weigh on L
- 7-8 Step RF to R, turn 1/8 R weigh on L (06.00)

### Section 4: JAZZ BOX ¼ RIGH, HIP SWAY

- 1-2 Step RF cross over LF, turn ¼ R step LF back (09.00)
- 3-4 Step RF to R, step LF cross over RF
- 5-6 Sway to R L
- 7-8 Sway to R L

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