# If I've Told You Once, I've Told You

# Twice

Count: 32

Wand: 2

Ebene: High Beginner

Choreograf/in: Jeanne Chamas (USA) - April 2018

Musik: What Part of No - Lorrie Morgan : (iTunes)

## ROCK, RECOVER, STEP, HEEL SCUFF, (X2)

- 1, 2, 3, 4 Rock forward on R, recover on L, step forward on R, scuff L heel forward
- 5, 6, 7, 8 Rock forward on L, recover on R, step forward on L, scuff R heel forward

### OUT, OUT, IN, IN, ¼ PADDLE TURN LEFT, STOMP, STOMP

- 1, 2, 3, 4Step R out to R, step L out to L (feet shoulder width apart) step R to center, step L next to R5, 6, 7, 8Step R forward, making a ¼ L (taking weight on L), stomp R, stomp L (9:00)
- SIDE, BEHIND ¼ TURN R, HEEL SCUFF, SIDE, BEHIND, ¼ TURN L, HEEL SCUFF
- 1, 2, 3, 4 Step R to R, step L behind R, make a ¼ R stepping forward on R, scuff L heel (12:00)
- 5, 6, 7, 8 Step L to L, step R behind L, make a <sup>1</sup>/<sub>4</sub> L stepping forward on L, scuff R heel (9:00)

### ROCKING CHAIR, STEP, HEEL SCUFF, ¼ LEFT, HEEL SCUFF

- 1, 2, 3, 4 Step R forward, recover weight on L, step R behind L, recover weight on L
- 5, 6, 7, 8 Step R forward, scuff L forward, making ¼ turn L, step L, scuff R (6:00)

TAG: \*4 count Tag followed by a Restart at end of wall 2. You will be facing 12:00. Stomp R (1) hold for (2), stomp L (3) hold for (4)

In loving memory of Walt and his love for country music. Happy Birthday

Contact: jlchamas@yahoo.com



**COPPER KNOP**