Rock The Beat



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Nathan Gardiner (SCO) - June 2018

Musik: 21st Century Girl - Willow

Intro: 16 counts



Walk Forward R & L, R Lock Step, Rock Forward, Recover, Full Turn L

1-2 Step forward on R, Step forward on L

3&4 Step forward on R, Lock L behind R, Step forward on R

5-6 Rock forward on L, Recover on R

7-8 ½ L stepping forward on L, ½ L stepping back on R

Sailor Step L & R, Behind, 1/4 R, Step Pivot 3/4 R

Step L behind R, Step R to R side, Step L to L side

Step R behind R, Step L to L side, Step R to R side

Step L behind R, Step L to L side, Step R to R side

5-6 Step L behind R, ¼ R stepping forward on R

7-8 Step forward on L, Pivot ¾ R

Side L, Together, Forward, R Lock Step, Rock Forward, Recover, Coaster Cross

1-2-3 Step L to L side, Step R next to L, Step forward on L
 4&5 Step forward on R, Lock L behind R, Step forward on R

6-7 Rock forward on L, Recover on R

8&1 Step back on L, Step R next to L, Cross L over R

Monterey ½ R, Monterey ¼ L, Step Pivot ½ L, Point

2-3 Point R to R side, ½ R stepping R next to L
4-5 Point L to L side, ¼ L stepping L next to R

6-7 Step forward on R, Pivot ½ L

8 Point R to R side

Tag: End of wall 1

Cross, Point, Cross, Point, Jazz Box Cross

1-2 Cross R over L, Point L to L side
3-4 Cross L over R, Point R to R side
5-6 Cross R over L, Step back on L
7-8 Step R to R side, Cross L over R

Point, Cross, Point, Cross, Sway R, L, R, L

1-2 Point R to R side, Cross R over L3-4 Point L to L side, Cross L over R

5-6 Step R to R side swaying hips to R side, Sway hips to L side

7-8 Sway hips to R side, Sway hips to L side

Contact: nathan.gardiner1998@hotmail.co.uk