

# No Excuses

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Roger (leftfoot) Hunter (USA) - July 2018

Musik: No Excuses - Meghan Trainor



## #16 ct. intro

### Sec-1) Scissor R, Scissor L, Vine R.

1&2-3&4      step R to side, step L slightly R, cross R over L. Step L to side, step R slightly L, cross L over R.  
5-8            step R to R, step L behind R, step R to R, touch L next to R.

### Sec-2) Step ½ Turn L, Behind Side Cross, Step Touch x2

1-2 3&4      step L 1/4, step R 1/4, step L behind R, step R to R, cross L over R.  
5-8            Step R to R, touch L next to R, step L to L, touch R next to L

### Sec-3) Step ½ turn R, Behind Side Cross, Step Touch x2

1-2 3&4      step R 1/4, step L 1/4, step R behind L, step L to L, cross R over L.  
5-8            Step L to L, touch R next to L, step R to R, touch L next to R

### Sec-4) Side Rock, Cross ¼ Turn, Coaster step, Walk, Walk

1-4            Step L to side, recover on R, cross L over R, step R making ¼ turn L  
5&6 7,8      Step L behind R, step R slightly back, step L forward, Step R forward, step L forward.

### TAG\* (Tag on 1st, 3rd and 5th walls)

#### Jazz Box, Jazz Box ¼ turn Right.

1-4            Step R cross L, step L back, Step R to R, step L next to R  
5-8            Step R cross L, step L back, Step R ¼ turn to R, step L next to R

### Walk, Walk, Rocking Chair\*\*, Walk, Walk .

1-4            Step R forward, step L forward, step(rock)R forward, recover on L,  
5-8            Step(rock)back on R, recover on L, step R forward, step L forward.

\*\* (May substitute step ½ turn x2 for rocking chair)

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