Heartbreak Overload

Ebene: Improver

Count: 32 Wand: 2 Choreograf/in: Aaron Ealand (UK) - August 2018 Musik: Missing You - John Waite

Start on vocals

Section 1: R cross side and heel jack, L cross ¼, ¼ touch.

- 1-2 Cross right foot over left foot, step to side on left foot.
- 3&4 Step right foot back, step back on left foot, touch right heel forward
- &5-6 Cross left foot over right foot, step ¼ to left on right foot
- 7-8 Step ¼ on left foot to left side, touch right foot next to left foot.

Section 2: R chasse, rock back, recover, shuffle ¼ to R, rock back, recover.

- 1&2 Step to right side on right foot, bring left foot next to right foot, step to right side on right foot.
- 3-4 rock back on left foot, recover.
- 5&6 Step to left side on left foot, bring right foot next to left foot, step back a ¼ to right on left foot
- 7-8 Rock back on right foot, recover.

Section 3: Full turn to L on R, L, shuffle fwd on R, ½ to R on L, shuffle fwd on L.

- 1-2 Step a full turn to left on right foot, left foot.
- 3&4 Step forward on right foot, left foot, right foot.
- 5-6 Step ½ to right on left foot.
- 7&8 Step forward on left foot, right foot, left foot.

Non turning option- step forward on right foot, step forward on left foot

Section 4: R side hold, L together, R side, L touch, ¼ to L, step ½ to L on R, L coaster step.

- 1-2 Step to right side on right foot and hold.
- &3-4 Step left foot next to right foot, step right foot to right side, touch left foot next to right foot.
- 5-6 Step $\frac{1}{4}$ to left, step back $\frac{1}{2}$ turn to left on right foot.
- 7&8 Step back on left, step back on right, step forward on left foot

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I hope you enjoy dancing to my first choreographed line dance. This dance fits to many different tracks.



