## Baggage Free

Count: 32 Wand: 4 Ebene: Beginner
Choreograf/in: Micaela Svensson Erlandsson (SWE) - November 2018
Musik: Pauline Brown's Baggage Free! - Pauline Brown John Johnston : (Single)

intro 16 counts.
Section 1: Rock Step. Back Shuffle. Back Rock. Forward Shuffle.
1-2 Rock forward on right foot. Recover onto left foot.
3\&4 Step back on right. Close left beside right. Step back on right.
5-6 Rock back on left foot. Recover onto right foot.
7\&8
Step forward on left. Close right beside left. Step forward on left.
Section 2: Heel. $1 / 4$ Turn left. Heel. Heel. $1 / 4$ Turn left. Heel. Step. $1 / 2$ Turn left. Step. $1 / 2$ Turn left.
1\& Touch right heel forward. Step right in place.
$2 \& \quad$ Turn $1 / 4$ left and touch left heel forward. Step left foot in place.
3\& Touch right heel forward. Step right in place.
4\& Turn $1 / 4$ left and touch left heel forward. Step left foot in place.
5-8 Step forward on right. Turn $1 / 2$ left. Step forward on right. Turn $1 / 2$ left.
Easy option: Replace counts 5-8 of Section 2 with Right Rocking Chair.
Restart here: During wall 4 facing 3 O'clock \& Wall 7 Facing 3 O'clock
Section 3: Kick. Kick. Coaster Step. Rock Step. Shuffle $1 / 2$ turn over the left shoulder.
1-2 Kick right foot forward. Kick right foot to the right side.
3\&4 Step back on right. Step left beside right. Step forward on right.
5-6 Rock forward on left foot. Recover onto right foot.
7\&8 Shuffle $1 / 2$ turn over the left shoulder stepping left, right, left.
Section 4: Heel Grind $1 / 4$ Turn right. Coaster Step. Skate. Skate. Forward Shuffle.
1-2 With weight on right heel, fan toes from left to right turning $1 / 4$ right. Recover onto left.
3\&4 Step back on right. Step left beside right. Step forward on right.
5-6 Slide diagonally forward on your left foot. Slide diagonally forward on your right foot.
7\&8
Step forward on left. Close right beside left. Step forward on left.
Restarts: On Wall 4 \& 7 Facing 3 O'clock (after Section 2)
Ending: As the music ends (after section 2) Turn $1 / 2$ left to finish facing the front wall

