Into Your Arms

Ebene: High Beginner NC

Choreograf/in: Inge Vestergård (DK) - February 2019

Intro: 16 counts intro – weight starts on left	
Sec. 1: Basic R 1,2& 3,4& 5,6&7 8&	, Basic L, Step, ¼ Pivot R, Cross L, 2 x ¼ Turn L Step long Step R on R, Step L behind R, Cross R infront of L Step long Step L on L, Step R behind L, Cross L infront of R Step R fwd, Step L fwd, ¼ Turn R stepping R to R side, Cross L over R (3:00) ¼ Turn L stepping back on R, ¼ Turn L stepping L to L side (9:00)
Sec. 2: Cross R	, Lunge L Recover, Behind Side Cross, Lunge R Recover, Behind 1/4 Turn L, Step R
1 – 3	Cross R over L, Rock L to L side dipping in L knee, recover on R
4&5	Cross L behind R, Step R to R side, Cross L infront of R
6 – 7	Rock R to R side dipping in R knee, recover on L
8&	Cross R behind L, ¼ Turn L Stepping L fwd (6:00)
(Restart here or	n Wall 5 facing 6 ó clock)
Sec. 3: L 3xPrissy Walk, Mambo Step, 3xBack sweep, Sailor ¼ Turn R	
1 – 3	Prissy Walk fwd R, L, R
4&	Rock L fwd, Recover on R
5 – 7	Step L back and Sweep R back, Step R back and Sweep L back, Step L back and Sweep R back
8&1	Turn ¼ R crossing R behind L, step L next to R, step R fwd (9:00)
Sec. 4: Lock Step L, ½ Pivot L, Lock Step R, Sidestep L, Touch R	
2&3	Step L fwd, Lock R behind L, Step L fwd
4 – 5	Step R fwd, ¹ / ₂ Turn L stepping fwd on L (3:00)
6&7	Step R fwd, Lock L behind R, Step R fwd
8&	Step L to L side, Touch R beside L
Tag after Walls 1, 3 and 6: Sway $R - L - R - L$	
Restart on Wall 5 facing 6 ó clock after sec. 2	
Ending on Wall 8 in sec. 3 – finish with a Sailor ½ Turn L as follow:	
1 – 3	Prissy Walk fwd R, L, R
4&	Rock L fwd, Recover on R
5 - 6	Step L back and Sweep R back, Step R back
7&8	Turn 1/2 L crossing L behind R, step R next to L, step L fwd (12:00)



COPPER KNO

Wand: 4

Count: 32

Musik: Into Your Arms - Jacob Dinesen

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