Simply Shallow (EZ)

Count: 64	Wand: 2	Ebene: Improver - New Line

Choreograf/in: Steffie ROBERT (FR) - February 2019

Musik: Shallow - Lady Gaga & Bradley Cooper : (Album: A Star Is Born B.O.)

Intro : 24 counts

[1-8] SLOW R. NIGHTCLUB STEP, SLOW L. NIGHTCLUB STEP
1-4   Big R side Step, Drag L to RF, L Step Behind RF, Cross R in front of L
5-8   Big L side Step, Drag R to LF, R Step Behind LF, L Step Fw

[9-16] R STEP FW with SWAY (or BODY WAVE), L ROCK FW, L & R STEPS BACK
1-2   R Step Forward, Hold Swaying forward
3-4   Recover weight on LF Swaying bacward, Recover Weight on RF Swaying forward
(The 3 sway can easily become a slow bodywave).
5-6   Rock L forward, Recover weight on R
7-8   L Step G back, R Step back (Start L Sweep)
* Restart here on wall 2 and change counts 7 & 8 :
(7) ¼ turn L stepping L to L side, (8) ¼ turn L on L ball with R Touch next to L

[17-24] SWEEP, ¼ TURN L, BEHIND SIDE CROSS, SWEEP, CROSS, SIDE
1-2   ¼ turn L on R ball sweeping L from front to back (on 2 counts) 9:00
3-6   Cross L behind RF, R Step on R side, Cross L in front of R sweeping R to the front (5-6)
7-8   Cross R in front of LF, L Step to Left side

[25-32] BEHIND, L SIDE ROCK, RECOVER w ¼ TURN L, L STEP, R STEP, S SIDE STEP
1-4   Cross R behind LF, Hold, Rock L to L side, Recover on R turning a ¼ turn L (sway) 6:00
5-8   L Step G on Place, R Step nest to L, L Step to L side, Drag R toward L

[33-40] SLOW R & L STEPS FW, R STEP FW, L TOUCH, L STEP BACK, R TOUCH
1-4   R Step forward, Slide L, L Step forward, Slide R
5-8   R Step forward, Touch L next to R, L Step back, Touch R next to L

[41-48] SLOW COASTER STEP, HOLD, ½ TURN L SWAYING L, R, L, SLIDE R
1-4   Step R back, Step L next to R, R Step forward, Hold
5-8   ½ turn L on 5-6-7 swaying to L, R & L, Slide R toward L 12:00

[49-56] SLOW R & L STEPS FW, R STEP FW, L TOUCH, L STEP BACK, R TOUCH
1-8   Repeat counts 33 to 40

[57-64] SLOW COASTER STEP, HOLD, ½ TURN L SWAYING L, R, L, SLIDE R
1-8   Repeat counts 41 to 48

REPEAT with a smile

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Convention : R = Right - L = Left - FW = Forward
RF = Right Foot- LF = Left Foot - BW = Backward
CCW = ClockWise - H : Hand